

# Indira Gandhi Institute of Physical Education and Sports Sciences (University of Delhi)


संदर्भ संख्या आईपीई/२०२४/१९११५९७

## CLASSROOM TEACHING LESSON PLAN SCHEDULE / PROGRAMME

SESSION 2023-2024

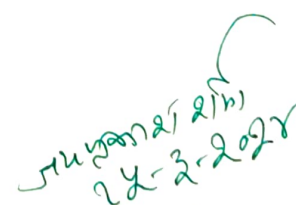
B. P. Ed. Sem.- II Internal Classroom Teaching Lesson Plan Programme in Indira Gandhi Institute of Physical Education and Sports Sciences, B-Block Viaspuri. Internal Classroom Teaching Lesson Plan scheduled from 18/03/2024 to 22/03/2024. Students are divided into six groups Classroom allotted room No 27, 28, 29, 30, 31 and 32.

Classroom teaching schedule attached with the letter.

  
15-3-2024  
Officiating Principal  
Prof. J.P. Sharma  
IGIPSS

Copy to-

- 1 Principal Office
- 2 Admn. Officer
- 3 Account Office
- 4 Teacher Circulation
- 5 Computer Lab
- 6 Care Taker
- 7 Students Notice Board

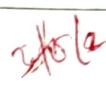
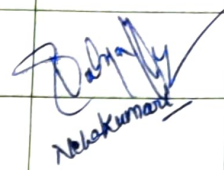




  
22-3-2024  
Officiating Principal  
Prof. J.P. Sharma  
IGIPSS

**Teacher's Duty Chart for Internal Classroom Teaching Practice Lesson Plan:**  
Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**(Date: 18-03-2024 (Monday))**

**SUB: Lesson Plan on (Yoga Education)**



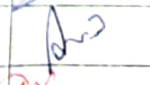
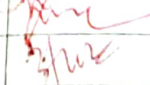


S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. Alok Sharma	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Ms. Rabiya Husain	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Ms. Neha kumari	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Tapesh Yadav	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Mr. Shubhang Negi	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Sahil Dahiya	

Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**Date: 19-03-2024 (Tuesday)**

**SUB: Lesson Plan on (Educational Technology & Methods of Teaching in Phy. Edu.)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. Anshuman Shukla	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Dr. Santosh k Giri	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Dr. shilpi Jain	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Neeraj mehra	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Dr. Alok Sharma	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Ms. Rabiya Husain	

T.R. Narayan

Yam Singh

सुनयनदी 21/3/24

Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**Date: 20-03-2024 (Wednesday)**

**SUB: Lesson Plan on (Organization & Administration in Phy. Edu.)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Ms. Neha kumari	Neha kumari
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Mr. Tapeshe Yadav	Tapeshe
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Mr. Shubhang Negi	Shubhang
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Sahil Dahiya	Sahil
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Dr. Anshuman Shukla	Anshuman
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Dr. Santosh k Giri	Santosh

Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) - to 5:00 PM

**Date: 21-03-2024 (Thursday)**

**SUB: Lesson Plan on (Sports Nutrition & Weight Management)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. shilpi Jain	Shilpi
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Mr. Neeraj mehra	Neeraj
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Dr. Alok Sharma	Alok
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Ms. Rabiya Husain	Rabiya
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Ms. Neha kumari	Neha kumari
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Tapeshe Yadav	Tapeshe

T.R. Narayan  
15/03/24

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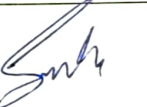


Sanjay 20/2/24

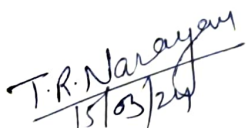
Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) - 70. 5:00 PM

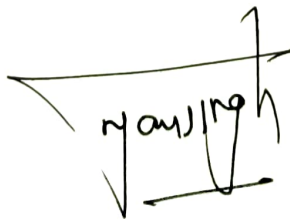
**Date: 22-03-2024 (Friday)**

**SUB: Lesson Plan on (Track & Field)**

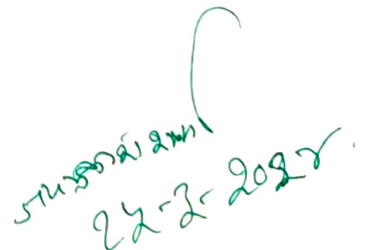
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6	Group-6 Room No- 32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Neeraj mehra	

  
T.R. Narayan  
15/03/24

**Co-Convener**  
Dr. Tribhuvan Ram Narayan  
Assistant Professor  
IGIPSS

  
Man Singh

**Convener**  
Dr. Man Singh  
Associate. Professor  
IGIPSS

  
22-3-2024

**Officiating Principal**  
Prof. J.P. Sharma  
IGIPSS