



# Sports Authority of India, Lakshmi Bai National College of Physical Education and International Society for Comparative Physical Education and Sport

(Under the auspices of Ministry of Youth Affairs & Sports, New Delhi)

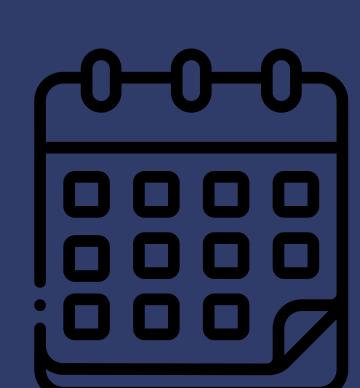
PRESENTS

# 22<sup>nd</sup> BIENNIAL CONFERENCE



**THE INTERNATIONAL SOCIETY FOR COMPARATIVE PHYSICAL EDUCATION AND SPORT ( ISCPEs )**

Conference Host: Sports Authority of India, Lakshmi Bai National College of Physical Education, Thiruvananthapuram City, Kerala State, India



31st October - 3rd November, 2023





## THEME

### Sport and Physical Education: Experiences In and Post-Pandemic Period

## SUB THEMES

- Physical education and physical literacy
- Youth and community development
- Quality physical education and Sustenance after COVID-19
- Global physical literacy as a post-millennium goal
- Sports Governance
- The science and value of comparative and international physical education and sport
- Olympic Movement
- Health & Wellness
- Strength & Conditioning
- Sports Nutrition & Diet
- Yoga & Allied Sciences
- Sports Physiology
- Sports Psychology
- Sports Management
- Sports Biomechanics & Kinesiology
- Sports Training Methods
- Sports Medicine
- Inclusive PE & Sport
- Women and Girls in PE, Sports and Dance
- Role and Involvement of Technology for effective teaching in PE and Sports
- Fit for Life

## ISCPES AWARDS 2023

The ISCPES has two types of awards available for application at the 22nd Biennial Conference of ISCPES 2023:

1. The Lynn Vendien Trust Fund Award USD 400
2. Young Scholars Awards USD 1,500. Each recipient will receive USD 300 as an award.

## PRE-CONFERENCE WORKSHOP ON YOGA

Pre-conference workshop on Yoga shall be organized before the day of the conference. The Workshop shall cover hands-on latest developments in sports and physical education

## CALL FOR PAPER

We invite original research work in Sport and Physical Education: Experiences In and Post-Pandemic Period or application oriented research in sporting domain for the conference. All accepted abstracts with author registration will be published in International Sports Studies/ ISCPES Conference book.

Abstract may be submitted immediately or at any point until abstract submission deadline. Submissions are to sent to the Email id: [iscpes2023@gmail.com](mailto:iscpes2023@gmail.com)  
Acceptance are communicated on-going basis.





## PUBLICATION

ISCPES Conference Proceedings book. For publication, Committee can be contacted for more details.

## IMPORTANT DATES

01.06.2023 : Call for Abstracts and Registration  
15.09.2023 : Deadline for Abstract Submission

01.09.2023 - 30.09.2023 : Notification of Abstract acceptance and call for full paper

01.10.2023 : Deadline for full paper submission  
31.10.2023 : Pre-Conference Workshop  
02.11.2023 : ISCPES General Assembly

01.11.2023 - 03.11.2023 : 22nd Biennial  
Conference of ISCPES 2023

## IMPORTANT CONTACTS & LINKS

Conference Host: Sports Authority of India,  
Lakshmibai National College of Physical  
Education, Thiruvananthapuram, Kerala.

Conference homepage: <http://iscpes.net/portal/>

Abstract Submission:  
E-mail: [iscpes2023@gmail.com](mailto:iscpes2023@gmail.com)

For queries contact:  
Dr. Usha S Nair  
([ushasujit@yahoo.com](mailto:ushasujit@yahoo.com))  
Dr. Sanjay Kumar Prajapati  
([sanjay.hockey88@gmail.com](mailto:sanjay.hockey88@gmail.com))

## REGISTRATION

Participants	Amount
Local Student / Research Scholar	Rs. 1500/-
Professional Delegates from India	Rs. 2500/-
Foreign Delegates (ISCPES Members)	100 Euro/-
Foreign Delegates (Non- ISCPES Members)	300 Euro/-

Registration Link: <https://incpe.ac.in/iscpes-2023-registration/>

## CONFERENCE VENUE

O by Tamara, NH Bypass  
Anayara, Thiruvananthapuram-695029  
Ph: 0471 7100111, +91 6282013935  
Website: [www.obytamara.com](http://www.obytamara.com)  
Email: [reservations@obytamara.com](mailto:reservations@obytamara.com)

Venue Location link:  
<https://goo.gl/maps/myG1TKSaHwjChjNq7>



## ABSTRACT SUBMISSION GUIDELINES

The Participants are invited to submit abstracts for the 22nd Biennial Conference of ISCPES. For instructions on preparing abstracts, please read the following carefully before preparing your abstract:

1. The abstract must be written in English.
2. Each presenting author is permitted to submit no more than two abstracts for the 22nd ISCPES International Biennial Conference in the capacity of the main author. If two abstracts are submitted, the best abstract will be considered with first priority and the second one will be allocated in regard to the schedule of availability or may be included as a poster presentation.
3. Figures and tables are not acceptable.
4. The maximum length of an abstract is 300 words. The title should be concise and descriptive of the work to be reported. Do not use any subtitles. Use Times New Roman font (font size 12, spacing 1.5 ) to write the text.
5. The author submitting the abstract should appear as the first named author and will be expected to present the work if it is accepted.
6. In the case of an empirical study, the abstract should give the objectives of the study, the approach and the methods used, the results obtained, and the conclusions reached.
7. Literature Review should state clearly their purpose / objectives , the nature and scope of the evidence consulted, the conclusions drawn and any implications for future work or action.
8. Deadline for abstract submission is 15 September 2023, 11.59AM (Indian Standard Time)
9. The scientific committee will review the abstract. Notification of the acceptance or rejection of all duly and timely submitted abstracts will be emailed to submitting authors from 1 September 2023 to 30 September 2023





## PRE-CONFERENCE WORKSHOP ON YOGA

### Schedule for the Pre-Conference Workshop on Yoga for Health and Wellness (October 31, 2023)

Time	Workshops
9.30 - 11.00	1st Concurrent Session
11.00 – 11.30	Tea Break
11.30 – 13.00	2nd Concurrent Session
13.00 – 14.00	Lunch
14.00 – 15.30	3rd Concurrent Session
15.30 – 16.00	Tea Break
16.00 – 17.30	4th Concurrent Session



## CONFERENCE SCHEDULE

Time	DAY 1 01 November 2023 (Wednesday)	DAY 2 02 November 2023 (Thursday)	DAY 3 03 November 2023 (Friday)
08:30 - 11:00	Opening (9:00) / Keynote 1 (10:00)	Keynote 3 (10:00 - 11:00)	Keynote 5 (10:00 - 11:00)
11:00 – 11:30	Coffee Break	Coffee Break	Coffee Break
11:30 – 13:00	Oral Presentation 1	Oral Presentation 3	Oral Presentation 5
13:00 – 14:30	Lunch	Lunch	Lunch
14:30 – 15:30	Keynote 2	Keynote 4	Open Forums / Panel Session 3
15:30 – 16:00	Coffee Break	Coffee Break	Coffee Break
16:00 – 17:30	Oral Presentation 2	Oral Presentation 4	Poster Presentation
17:30 – 18:30	Open Forums / Panel Session 1	Open Forums / Panel Session 2	Conference Summary / Awards / Closing
18:30 – 19:30		ISCPES General Assembly	



## 22<sup>nd</sup> BIENNIAL CONFERENCE: THE INTERNATIONAL SOCIETY FOR COMPARATIVE PHYSICAL EDUCATION & SPORT (ISCPEs)

### INAUGURAL ADDRESS

Revitalizing Global Wellness through Sport and Physical Education  
in the Post-Pandemic Era



**Shri. Anurag Singh Thakur**

**Hon'ble Minister for Youth Affairs & Sports  
Government of India**



## KEYNOTE SPEAKERS

**Fit for Life**  
Dr. Eunsong Kim,  
Programme Specialist and Chief of Sector  
Social and Human Sciences  
UNESCO, New Delhi



**Rosa Lopez de D'Amico**  
President, ISCPES



**The Global Action Plan on Physical Activity  
2018–2030**

Dr Rachita Gupta,  
National Professional Officer  
WHO Representative, New Delhi

**Navigating the Changing Tides: From Sports  
Values to Economic Supremacy**  
Pedro Ferreira Guedes De Carvalho  
Former President, ISCPES  
Portugal



**Researching Physical Education and Sport:  
Cosmopolitan Mindset**  
Prof. Richard Peter Bailey  
Deputy Dean, Head of Research & Full Professor  
Faculty of Social Sciences and Liberal Arts  
UCSI University, Malaysia

**Active Living and Social Development: The  
Strategic Development & Practice in Korea**  
Prof. Youn Shin Nam  
Professor, Sports Science Department  
Duksung Women's University, South Korea



**Revitalizing Physical Education: Adapting to the  
Pandemic and Shaping the Future in India**

Dr. G. Kishore  
Principal & Regional Head  
Sports Authority of India  
Lakshmbai National College of Physical Education  
India



## SESSION PANELLISTS

### Quality Physical Education - Global Perspective and Strategies of Work



Chair: Prof. Walter Ho (Tokyo Gakugei University, Japan)

Presenters:

Prof. Selina Khoo (Universiti Malaya, Malaysia)  
Dr. Dilsad Ahmed (Prince Mohammad Bin Fahd University, Saudi Arabia)  
Dr. Klaudia Rafael (Comenius University in Bratislava, Slovakia)  
Ms. Jennie Xie (Universiti Malaya, Malaysia)  
Mr. Ivan Qin (Chongqing Normal University, China)

### Achieving diversity, equity and inclusion (DEI) in game-based approaches



Chair: Prof. Naoki Suzuki (Tokyo Gakugei University, Japan)

Presenters:

Prof. Karen Richardson (Bridgewater State University, USA)  
Prof. Heidi Bohler (Westfield State University, USA)  
Dr. Yogesh Chander (Sports University of Haryana, India)

### Managing Quality Physical Education - from Theory to Practice



Chair: Prof Branislav Antala (Comenius University in Bratislava, Slovakia)

Presenters:

Prof. Rosa López de D'Amico (Universidad Pedagógica Experimental Libertador, Venezuela)  
Prof. Usha Nair (National Sports University, India)  
Prof. Walter Ho (Tokyo Gakugei University, Japan)



## SPORTS AUTHORITY OF INDIA

Sports Authority of India (SAI) was established in 1984 to carry forward the legacy of the IXth Asian Games held in New Delhi in 1982 and was set up as a Society under the Societies Act, 1860 in pursuance of the Resolution No. 1-1/83/SAI dated 25th January 1984 of the Department of Sports, Govt. of India with the objective to promote Sports and Games as detailed in the Resolution.

## ISCPES

The International Society for Comparative Physical Education and Sport was founded in 1978 at the First International Seminar on Comparative Physical Education and Sports Held at the Wingate Institute of Physical Education in Israel. It is a research and educational organization that aims to support, encourage, and assist those seeking to initiate and strengthen research and teaching programs in comparative physical education and sport throughout the world. The scope of the Society's academic mandate is affected by members' interests and research needs. Members are primarily drawn from all sub-disciplines of sport science with an interest in cross-cultural and international issues

## LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION, KARIAVATTOM, THIRUVANATHAPURAM

Lakshmibai National College of Physical Education bearing the name of Lakshmibai, Rani of Jhansi, the dauntless heroine of the First War of Independence, was established by the Government of India, Ministry of Human Resource Development, and Department of Education on 17th August 1985. The college is a humble tribute of the nation to the unrelenting spirit of freedom, valor, and patriotism. The college is an off-shoot of Lakshmibai National College of Physical Education, Gwalior (now LNUPE), and aims to provide excellent facilities for the upliftment of Physical Education and sports in the country and serving as a model institute for teacher training by offering undergraduate, postgraduate and doctoral studies.





## KNOWLEDGE PARTNERS

### NATIONAL SPORTS UNIVERSITY



The National Sports University (NSU) is India's first Central University dedicated to sports education, nestled in the vibrant state of Manipur. Established in 2018 and inaugurated by Prime Minister Shri Narendra Modi, NSU is a trailblazer in the field. Our commitment spans Sports Sciences, Sports Technology, Sports Management, and Sports Coaching. Serving as the National Training Center for elite sports disciplines, we adhere to the highest international standards. While currently operating from a temporary campus in Imphal, our expansive 325.90-acre permanent campus in Imphal West is on the horizon. With the flexibility to establish new Schools/Departments in response to evolving sports sciences, NSU is on a trajectory to lead the world in sports education, research, and training. Join us in this journey of sporting excellence.

### PHYSICAL EDUCATION FOUNDATION OF INDIA



Physical Education Foundation of India is one of the country's leading and respected organizations which consists of the country's top educators, physical education experts, and sports professionals working towards building a sustainable sports culture in the country. The organization has been constantly working towards the upliftment of physical education and has been spreading awareness amongst policymakers, decision-makers, institutions, parents, and students about the importance of physical education and sports and its significance in building a better future for our youth.

### UNIVERSITY OF TSUKUBA



University of Tsukuba aims to establish a free exchange and close relationships in both basic and applied sciences with educational and research organizations and academic communities in Japan and overseas. While developing these relationships, we intend to pursue education and research to cultivate men and women with creative intelligence and rich human qualities. The University of Tsukuba endeavors to contribute to the progress of science and culture. Formerly, Japanese universities tended to remain cloistered in their own narrow, specialized fields, creating polarization, stagnation in education and research, and alienation from their communities.



## TECHNICAL SUPPORT: SCIENTIFIC COMMITTEE

### Chair

1. G. Kishore – SAI, LNCPE, India
2. Rosa Lopez de D'Amico – Universidad Pedagógica Experimental Libertador, Venezuela

### Chair and Co-Chair of Scientific Committee

1. G. Kishore – SAI LNCPE, India
2. Rosa Lopez de D'Amico – Universidad Pedagógica Experimental Libertador, Venezuela
3. Walter Ho – Tokyo Gakugei University, Japan
4. Usha S Nair – National Sports University, India

### Members of Scientific Committee

1. Rosa Lopez de D'Amico – Universidad Pedagógica Experimental Libertador, Venezuela
2. Walter Ho – Tokyo Gakugei University, Japan
3. Klaudia Kukurova – Comenius University in Bratislava, Slovakia
4. Usha S Nair – Member National Sports University, India
5. Katongo B. Moonga – University of Zambia, Zambia
6. Eliana Ferreira – Federal University of Juiz de Fora, Brazil
7. Dilsad Ahmed – Prince Mohammed Bin Fahd University, Saudi Arabia
8. Antonio Campos – Technical University of Madrid, Spain
9. Oswaldo Ceballos Gurrola – Universidad Autónoma de Nuevo León, Mexico
10. Maria Luisa M. Guinto - University of the Philippines Diliman, Philippines
11. Branislav Antala - Comenius University in Bratislava, Slovakia
12. Naoki Suzuki, Tokyo Gakugei University, Japan
13. Piyush Jain, PEFI, India
14. Pradip Dutta – SAI, LNCPE, India
15. Sanjay Kumar Prajapati (Convenor)– SAI, LNCPE, India

### Organizing- Secretaries

1. G. Kishore – SAI, LNCPE, India
2. Usha S Nair - National Sports University, India

### Members of Local Organizing Committee:

1. George Mathews - Associate Professor, SAI, LNCPE, India
2. Pradip Dutta- Associate Professor, SAI, LNCPE, India
3. Sadanandan C.S- Associate Professor, SAI, LNCPE, India
4. M.N Sawant – Associate Professor, SAI, LNCPE, India
5. Lamlun Buhril- Associate Professor, SAI, LNCPE, India
6. Lovey Debora Cruz- Associate Professor, SAI, LNCPE, India
7. Jasmail Singh, Senior Scientific Officer, SAI, LNCPE, India
8. Ravi N.S, Deputy Director, SAI, LNCPE, India
9. Primjithlal P.F, Deputy Director, SAI, LNCPE, India
10. Ashutosh Acharya- Assistant Professor, SAI, LNCPE, India
11. Sanjeev S Patil- Assistant Professor, SAI, LNCPE, India
12. Sudheesh C.S- Assistant Professor, SAI, LNCPE, India
13. Narendra Gangwar- Assistant Professor, SAI, LNCPE, India
14. Arathi P- Assistant Director, SAI, LNCPE, India
15. Rishma B.J- Assistant Director, SAI, LNCPE, India
16. Tanushree Yadav, Guest Lecturer, SAI, LNCPE, India
17. Midhunkrishna, Guest Lecturer, SAI, LNCPE, India
18. Sunny Saini, Part-time teacher, SAI, LNCPE, India
19. Bharathi, Part-time teacher, SAI, LNCPE, India

### ISCPES Board Members

- Rosa Lopez de D'Amico (President (ISCPES); Universidad Pedagógica Experimental Libertador, Venezuela)
- Klaudia Kukurova (Vice-President (ISCPES); Comenius University in Bratislava, Slovakia)
- Jennie Xie (Universiti Malaya, Malaysia)
- Usha Sujit Nair (National Sports University, India)
- Martin Holzweg (Deutscher Sportlehrerverband (DSLVB), Germany)
- Dilsad Ahmed (Prince Mohammad Bin Fahd University, Saudi Arabia)
- G. Kishore (Sports Authority of India, Lakshmi Bai National College of Physical Education, India)

- Antonio Campos Izquierdo (Universidad Politécnica de Madrid, Spain)
- Oswaldo Ceballos (Universidad Autónoma de Nuevo León, México)
- Eliana Lucia Ferreira (Brazil)
- Katongo B. Moonga (University of Zambia, School of Education, Zambia)
- Maria Luisa M. Guinto (University of the Philippines Diliman, Philippines)
- Walter Ho (Tokyo Gakugei University, Japan)
- Pedro Carvalho (Portugal)





## PLACES TO VISIT IN THIRUVANANTHAPURAM

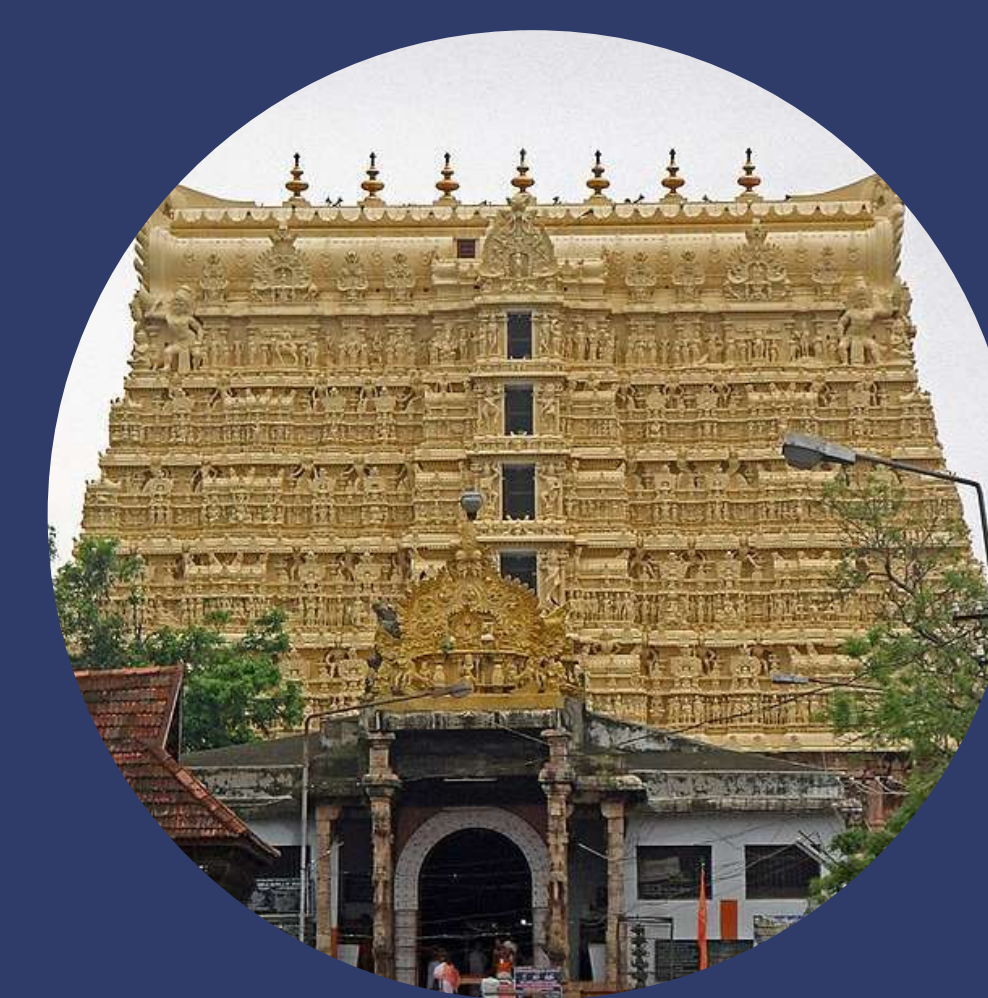
Thiruvananthapuram is the capital city of Kerala - God's own country. Lakshmi Bai National College of Physical Education, the Conference venue is located at a distance of 14 Kms from the Thiruvananthapuram International Airport (TRV). The nearest Railway Station is Kazhakuttam within a distance of 4 Kms. Major tourist attractions in and near Thiruvananthapuram include:



**Varkala Beach & Cliff**



**Kovalam Beach**



**Shree Padmanabhaswamy Temple**



**Alappuzha**



**Kuthiramalika Palace**



**Napier Museum**



**Veli Tourist Village**

Note: Sightseeing facility will be provided to the Conference Delegates on one day of the Conference