

OPEN BOOK EXAMINATION

CLASS :M.P.Ed, SEMESETER I (CBCS)

MAX. MARKS- 50

PAPER NO. : MPE-0703 (xii)

NAME OF THE PAPER: GAME OF SPECIALIZATION – KHO-KHO

DURATION : (3 HRS + 1 HR *)

***FOR UPLOADING QUESTION PAPER, SCANNING ANSWER SHEET AND UPLOADING IT.**

INSTRUCTIONS FOR THE CANDIDATE:

- 1. QUESTION PAPER CONSISTS OF 6 QUESTION AND ATTEMPT ANY 4 QUESTIONS.**
- 2. ALL QUESTIONS CARRY EQUAL MARKS**
- 3. ANSWER CAN BE WRITTEN IN HINDI /ENGLISH, BUT THE SAME MEDIUM SHOULD BE USED THROUGHOUT THE PAPER.**

Question 1. Write the introduction of kho-kho game keeping in mind the historical perspective of the same.

Question 2. Explain the qualities of a kho-kho coach.

Question 3. Define the term coordinative abilities, how can you develop this element with different methods in a kho-kho game?

Question 4. Write different motor components of kho-kho game which are required in a kho-kho game.

Question 5. Draw a neat sketch of the kho -kho ground with its measurement.

Question 6. Write different warming up methods of kho- kho game in detail.