

ANNUAL REPORT 2018-19

1. Name of the College : Indira Gandhi Institute of Physical Education and Sports Sciences, B-Block, Vikaspuri, New Delhi – 110018.

2. Major Activities and Achievements

- A **Blood Donation Camp** was organized on 11.04.2018 in the Institute.
- A pledge taking ceremony was organized against terrorism **Anti-Terrorism Day** on 21.05.2018 in which Teachers, Non-Teaching Staff and Students of all classes took pledge.
- A one month free **Yoga Camp** is organized by Institute with Central Council of Research in Ayurveda and Siddha, Ministry of Ayush, Govt. of India from 21.05.2018 to 20.06.2018.
- A **Skill Development Training Programme for MTS Staff** was conducted from 15.05.2018 to 24.05.2018.
- The **International Day of Yoga** was celebrated in the assembly hall of the Institute on 21.06.2018 in which children of adjoining area were called to participate in this function. Children learned the Yoga exercises from Teachers and Students of the Institute.
- **Self-Financing Certificate Course in Yoga Education** was conducted from 29.05.2018 to 30.06.2018 in the Institute during Summer Vacation. This course was attended by a no. of Students of IGIPSS and Other institutions.
- **Self-Financing Fitness Trainer Course (FITCO)** was conducted from 02.07.2018 to 31.07.2017 in the Institute. This course was attended by a no. of Students of IGIPSS and Other institutions.
- An **Orientation Programme** was organised in the assembly hall of the Institute in which fresher's of B.Sc. (PE, HE & S), B.P.Ed. and M.P.Ed. took part. Fresher's were given introduction of the Institute and informed about various departments and administrative sections working in the Institute.
- The **entrance based admission of B.Sc. (PE,HE&S)** from the academic session 2018-19 successfully completed under the Chairmanship of the Officiating Principal.
- Student interaction with **Mr. Amit Panghal, Gold Medalist, Asian Games 2018 (Boxing)** organized by Students' Union, IGIPSS.
- **Delhi Olympic Association (Reg.)** organized **Delhi Olympic Games – 2018** of JUDO (Men and Women) and Rope Skipping from 15th to 17th October 2018 in the Institute and Dr. Dhananjay Shaw, Officiating Principal was the Organizing Secretary of the Event.

- A **Vigilance Awareness Lecture and Presentation** is organized in the Assembly on 01.11.2018 in the Institute during evening assembly on **Vigilance Awareness Week – 2018**.
- A **Story Reading Program (काव्य पाठ)** is organized on 02.11.2018 in the New Conference Room of the Institute.
- A lecture on **“Road Safety”** is organized on 22.11.2018 at the Institute.
- **Fresher’s Party – UDBHAV** is organized on 15.01.2019 by the IGIPSS Students’ Union in the Institute. Mr. Swatantar Raj Singh, Dronacharya Awardee - 2015 (Boxing) was the Chief Guest of the event.
- A **“National Conference on Sports Sciences”** was organized on 08.03.2019 in the Institute.
- **IGIPSS Annual Athletic Meet – 2019** was organized on 26.03.2019 in the Athletics’ Track of the Institute.
- Daily Assembly has been conducted in accordance with the Time Table (2.30 p.m. to 3.00 p.m.) for all the students and staff. For the purposes of cross checking the attendance, to announce and motivate the student for their next line of action / brief lecture or speech, for counseling / for redressal of any Grievance/s or short coming/to discipline the students / to recognize the accomplishment of students / Mass participation for fitness followed by ***National Anthem as a unique activity for the first time in the system of University of Delhi.***

Students with Distinctions

| S.No. | Name of the Student | Class | Position in the University | Marks/ CGPA | Percentage |
|-------|---------------------|---------|----------------------------|-------------|------------|
| 1. | Neha Sharma | M.P.Ed. | I | 1402/1700 | 82.47% |
| 2. | Surbhi Jain | M.P.Ed. | II | 1380/1700 | 81.17% |
| 3. | Deepali Seth | M.P.Ed. | III | 1358/1700 | 79.88% |
| 4. | Rajshree | B.P.Ed. | I | 2701/3200 | 84.40% |
| 5. | Jimy Joy | B.P.Ed. | II | 2610/3200 | 81.56% |
| 6. | Bharat Harit | B.P.Ed. | III | 2552/3200 | 79.75% |
| 5. | Vrisabh Bajaj | B.Sc. | I | 8.745 | - |
| 6. | Satya Kumar | B.Sc. | II | 8.735 | - |
| 9. | Deepal Singh | B.Sc. | II | 8.735 | - |
| 10. | Kamal Singh | B.Sc. | III | 8.725 | - |

Publications

Shaw, Dhananjay, (2018) “Professional and Academic Development in Physical Education and Sports Sciences to be Skilled India A Vision Document 2018”, **Proceedings of 4th National Conference on Physical Education & Sports Sciences** (under the aegis of Ministry of Youth Affairs & Sports), **ISBN: 978-93-5300-165-0** (pp. 55-61)

Ahlawat, Umesh, **Shaw, Dhananjoy**, (2018) “Kinematic Analysis of Quadriceps Extension Exercise for Lower Extremities with 15 RM Load”, **Scientific Journal in Sports and Exercise (Laxmibai Sports Education and Welfare Society**, Vol.14 **ISSN: 0974-2964** (pp. 09-17)

Ahlawat, Umesh, Yadav, Nisha **Shaw, Dhananjoy**, (2018) “Kinematic differences among the players/repetitions and between the gender in regard to left (subordinate) leg lunges exercise for lower extremities with 15 RM Load”, **An International Journal Academic Research and Development**, Vol. 3, **ISSN: 2455-4197** (pp. 167-173)

Shaw, Dhananjoy, et.al, (2018) “Kinematic differences among the players/repetitions and between the sex in regard to calf raise exercise (CRE) for lower extremities with 15 RM load”, **An International Journal Physiology, Nutrition and Physical Education**, Vol. 3, **ISSN: 2456-0057** (pp. 1062-1067)

Shaw, Dhananjoy, (2018) “Development of regression models for estimating maximal oxygen uptake (VO₂ max.) of male youth of Kashmir (Habitat of high Altitude”, **An International Journal Physiology, Nutrition and Physical Education**, Vol. 3, Issue 1 **ISSN: 2456-0057** (pp. 228-233)

Shaw, Dhananjoy, Ranjit, Kaur(2018) “Effect of Yoga on Stress, Depression and Anxiety”, A Journal of Yoga, Physical Therapy and Rehabilitation accepted and likely to be published.

Sharma, Rekha, **Shaw, Dhananjoy**, (2018) “A Study on the Effect of Selected Yogic Practices on Resting Heart Rate and Blood Pressure” accepted and likely to be published.

Shaw, Dhananjoy, Pani, Balram, Anil, Dhiman, Deepika, Kumar, Pawan, (2018) “Selected Kinematics of Upper Punches (UP), Middle Punches (MP) and Lower Punches (LP) of Karate – (A comparative study)”, **A DU Journal of Undergraduates Research and Innovation**, Vol. 3 Issue 6, **ISSN: 2395-2334** (pp. 64-70)

Bhatt, S A, Kumar, Bharat, **Shaw, Dhananjoy**, (2018) “Recovery Blood Pressure reactivity Patterns during Hand Grip Test (one of the Autonomic Testing Protocol) in Relation to Aerobic Fitness Levels”, **An International Journal of Physical Education and Sports**, Vol. 3 Issue 6, **ISSN: 2456-2963** (pp. 08-13)”

Bhatt, S A, Kumar, Bharat, **Shaw, Dhananjoy**, (2018) “Recovery Blood Pressure Patterns following Cold Pressor Test (one of the Autonomic Testing Protocol) in Relation to Aerobic Fitness Levels”, **An International Journal of Physical Education and Sports**, Vol. 3 Issue 6, **ISSN: 2456-2963** (pp. 01-07)”

Bhatt, S A, Kumar, Bharat, **Shaw, Dhananjoy**, (2018) “Recovery Blood Pressure Patterns following Standing to Lying Test (one of the Autonomic Testing Protocol) in Relation to Aerobic Fitness Levels”, **An International Journal of Physical Education and Sports**, Vol. 3 Issue 6, **ISSN: 2456-2963** (pp. 10-16)”

Bhatt, S A, Kumar, Bharat, **Shaw, Dhananjoy**, (2018) “Recovery Heart Rates Correlates Aerobic Fitness Levels of High Altitude Male Habitat (A comparative

Study)", **An International Journal of Physical Education and Sports**, Vol. 3 Issue 5, ISSN: 2456-2963 (pp. 04-09)"

Shalini, Sonia, Shukla, Raghvendra, **Shaw, Dhananjay**, (2018) "Effect of step aerobic training for six weeks with 6 inches step platform at 118 and 126 beats per minutes (BPM) on kinematic (Partial temporal) variables", **An International Journal of Yoga, Physiotherapy and Physical Education** Vol. 3, Issue 2, ISSN: 2456-5067 (pp. 70-75)

Premchandra, Thingam, Kumar, Pawan, Pani, Balram, Kapur, Lalit and Shaw, Dhananjay, (2018) "Biomechanical Variables of Sprinting and Dribbling performance Highlight Gender Differences in Football Player" **A DU Journal of Undergraduates Research and Innovation**, Vol. 3 Issue 1, ISSN: 2395-2334 (pp. 74-82)

Shaw, Dhananjay, (2018) "Protein for Sports Persons and Myths about Plant-Based Protein" *Global Journal of Nutrition and Food Science*.1(2):2018 GJNFS.MS.ID.000507.

Shaw, Dhananjay, (2018) "Kinesiology and Biomechanics Enhancing Performances" *Science Reporter – A CSIR Publication*, September, 2018 pp. 23-24.

Shaw, Dhananjay, (2019) "Predictor Variables and Independent Variables of World Happiness Index 2018" **29th National Conference of Sport and Exercise Psychology, Practices, Pursuits and Promises**, ISBN: 978-81-8360-281-5.

Journals published by the College

PRIYADARSHINI - 2017

Number of College Teacher's serving as Editor(s)/Member(s) of Editorial Board

Total No. 7 – Dr. Sanjeev Kaushal (C), (Dr. Sarita Tyagi, Dr. Rakesh Gupta, Dr. Rajbir Singh, Dr. Vijay, Dr. Ekta Bhushan Satsangi, Dr. Meenakshi).

Seminar/Workshop Organized

- A **Workshop** on "**Sensitization for Prevention of Sexual Harassment against Women at Workplace**" organized on 05.10.2018 in which Ms. Sasmita Tripathy (Adv. Hon'ble Supreme Court of India) is Resource Person.
- A Workshop "**Ab Samjhauta Nahin**" on **Know Your Rights (Gender Sensitization)** held on 22.01.2019 in the New Conference Room of the Institute. Ms. Somya Singhal, Campaign Manager, Josh Talks presented for talk on the Gender Sensitization.
- A **National Conference/Seminar** on "**Healthy Life Style, Food & Vitamins Supplement**" was organized on **05.03.2019** in the Institute wherein a large no. of staff members along with Research Scholars participated and eminent speaker was Dr. Balram Pani, Principal, Bhaskaracharya College of Applied Sciences.

- A one day Workshop on **Anti-Doping Awareness** is organized in collaboration with **National Anti-Doping Agency (NADA)** was organized on 07.03.2019 wherein a large no. of staff members along with Students participated. This workshop was addressed by the various eminent speakers from NADA, IOA and other agencies.

Seminar/ Conference Presentations

- Dr. Dhananjay Shaw attended workshop on **Functional Training** organized by FITCO (Fitness Training Course) on May 5th and 6th, 2018 at Indira Gandhi Institute of Physical Education and Sports Sciences, B-Block, Vikaspuri, New Delhi.
- Dr. Dhananjay Shaw served as **Resource Person** in **one month free Yoga Camp** organized by the Institute with Central Council of Research in Ayurveda and Siddha from 21.05.2018 to 20.06.2018.
- Dr. Dhananjay Shaw served as **Resource Person** in **Self-financing Certificate Course in Yoga** conducted by the Institute from 29.05.2018 to 30.06.2018.
- Dr. Dhananjay Shaw served as **Resource Person** in **Self-financing Fitness Trainer Course (FITCO)** organised by the Institute from 02.07.2018 to 29.07.2018.
- Dr. Dhananjay Shaw served as **Conference Chair** for “**Global Conference on Physiotherapy-2018**” (GCP-2018) which is going to be held during August 20-21, 2018 **Kuala Lumpur, Malaysia.**
- Dr. Dhananjay Shaw served as **Plenary Speaker** “Global Conference on Physiotherapy-2018” (GCP-2018) which is going to be held during August 20-21, 2018 Kuala Lumpur, Malaysia entitled “**Kinesiology Taping for Enhancement of Sports Performance and Better/Active/Quality life: A Research Prospective**”.
- Dr. Dhananjay Shaw presented an **oral presentation** in Global Conference on Physiotherapy-2018" (GCP-2018) which is going to be held during August 20-21, 2018 Kuala Lumpur, Malaysia entitled “**Kinematic Variability of Selected Isotonic Bilateral Symmetric Repetitive Exercises for Lower Extremities at a given Load (RM)**”.
- Dr. Dhananjay Shaw acted as **President of Organizing Committee** in Delhi Olympic Games – 2018 of JUDO (Men and Women) and Rope Skipping organized by **Delhi Olympic Association (Reg.)** from 15th to 17th October 2018 held at IGIPSS.

- Dr. Dhananjoy Shaw acted as **Director** of Tournament of **13th Asian Tug of War Outdoor Championship** and **3rd South Asian Tug of War Outdoor Championships** held in **Colombo, Sri Lanka** from 15-16 December, 2018.
- Dr. Dhananjoy Shaw acted as **Resource Person** in **National Conference on Anti-Doping at DAIC**, New Delhi held on January 30 – 31, 2019 organized by National Anti Doping Agency (NADA) and Physical Education Foundation of India under the aegis of Ministry of Youth Affairs and Sports, Govt. of India.
- Dr. Dhananjoy Shaw served as **Guest of Honour** and **Resource Person** at the Technical Session of **International Conference on Sports Psychology and Yogic Sciences** (ISCPYS-2019) from 16-17th February 2019 at Dr. Ambedkar College, Deekshabhoomi, Nagpur, Maharashtra.
- Dr. Dhananjoy Shaw attended as **Invited Speaker** at the UGC sponsored **National Conference** titled “**Impact of Sports on Lifestyle of Youth**” held on 27.03.2019 at Lakshmibai College, University of Delhi and delivered a lecture on Topic "**Neurophysiology and Hormonal Aspects of Happiness**".
- Dr. Dhananjoy Shaw attended as **Invited Speaker** at the **29th Sport Psychology Conference** 2019 to be held on 29-31 March, 2019 at **National Institute of Technology**, Warangal, Telangana.

National/International MoUs Signed

MoU signing is under process with various Institutions of National and International repute.

Other Inter-Institutional Collaboration

Other Inter-Institutional Collaboration is under process with various Institutions of National and International repute.

Placement Details

- Students of this Institute got the job in Kendriya Vidyalaya School, Navodaya Vidyalaya School and other government schools of NCT of Delhi (through DSSSB) and various private schools of Delhi. Recently, in the year 2018 around 89 students (B.Sc. and B.P.Ed.) of this Institute have been appointed in Delhi Government Schools through DSSSB.

Library Development

Successfully implementation of digital library, users of IGIPSS have access to the full text documents in digital format i.e. old question papers, M.P.Ed., B.P.Ed and B.Sc. Syllabus, all Ph.D. thesis and all M.P.Ed. Dissertations awarded from

2013 onwards. Presently IGIPSS library database “Vidya: Library Management Software” put on-line through XAMPP Server.

Total Library collection 12644 (9017 Accessioned Books, 2300 Reading Room, 729 Thesis and 598 Department Books) has been computerized in the database and Bar-coded which is searchable through Online Public Access Catalogue (OPAC). Library has organized three library orientation programs to enhance the use of physical and digital information resource.

Journal Subscribed:

- (i) Paperback Version : 02 (International)
- (ii) Paperback Version : 20 (National)

Faculty Strength

Permanent = 27 (including Officiating Principal)

Financial Allocation and Utilization

- (a) Grant sanctioned : Rs. 9,69,888/-
- (b) Utilized (Tentative) : Rs.13,68,25,024/- (Overspent amount utilized from unspent balance of grant in aid of previous year.

Any Other Significant Information

Students Achievements

International Level:

| S.No | Name | Class | Name Of Tournament | Position |
|------|-------|------------------|--|---------------|
| 1 | ANKUR | B.Sc. II Year | 11 th FAZZA INTERNATIONAL WORLD PARA ATHLETICS CHAMPIONSHIP GRAND PRIX – DUBAI 2019 | Participation |

Senior National/National Level:

| S.No | Name | Class | Name Of Tournament | Position |
|------|-------------------|-------------------|--|---------------|
| 1 | AMIT | B.Sc. VI Sem. | NATIONAL NETBALL CHAMPIOSHIP | Participation |
| 2 | AKASH SAINI | B.P.Ed. II SEM | SR. NATIONAL NET BALL CHAMPION SHIP | Participation |
| 3 | AMIT KUMAR | B.P.Ed. II SEM | 37th SENIOR NATIONAL TAEKWONDO | III |
| 4 | SANJANA CHOUDHARY | B.P.Ed. II SEM | SENIOR NATIONAL | Participation |
| 5 | SNEHA RANI | B.P.Ed. II SEM | 9th HOCKEY INDIA SENIOR NATIONAL CHAMPION SHIP | Participation |

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|----|----------------------|-------------------|--|---------------|
| 6 | SOURABH SAINI | B.P.Ed. II SEM | 36th SENIOR NATIONAL NETBALL CHAMPIOSHIP | Participation |
| 7 | PINKI | B.P.Ed. II SEM | 32nd FEDERATION CUP HANDBALL | Participation |
| 8 | AKSHANT SINGH KATWAL | M.P.Ed. II SEM | 36 S NATIONAL NETBALL CHAMPIOSHIP | Participation |
| 9 | SANSKRITI VERMA | B.Sc. II SEM | 37 TH SENIOR NATIONAL TAEKWONDO CHAMPIONSHIP 2018 | Participation |
| 10 | NEHA | B.P.Ed. II SEM | 67 th Senior National Volleyball Championship | Participation |

All India Inter University:

| S.No | Name | Class | Event name | Position |
|------|-----------------|--------------------|---|------------------------------------|
| 1 | ALPANA | B.P.Ed. IV SEM | ALL INDIA INTER UNIVERSITY NETBALL ALL INDIA INTER UNIVERSITY KORFBALL | Participation Participation |
| 2 | BHARTI | BPED-II SEM | ALL INDIA INTER UNIVERSITY CROSS COUNTRY | Participation |
| 3 | MANVI BINDAL | B.Sc. I YEAR | ALL INDIA INTER UNIVERSITY GYMNASTICS | Participation |
| 4 | SHEETAL WACHHAL | B.P.Ed. II YEAR | ALL INDIA INTERVARSITY NETBALL | Participation |
| 5 | ROHIT | B.P.Ed. II YEAR | ALL INDIA INTERVARSITY BASEBALL | Participation |
| 6 | ARYAN CHOUDHARY | B.Sc. | ALL INDIA INTERVARSITY NETBALL | Participation |

Inter University Zonal Level:

| S.No | Name | Class | Event name | Position |
|------|--------------------|-------------------|--------------------------------------|---------------|
| 1 | AMIT | B.Sc. VI Sem. | NORTH ZONE INTERUNIVERSITY | Participation |
| 2 | AYUSH NATH GOSWAMI | B.Sc. VI Sem. | NORTH ZONE FOOTBALL INTER UNIVERSITY | Participation |
| 3 | HEMA | B.P.Ed. II SEM | INTER UNIV. HANDBALL | Participation |

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|---|---------------|-----------------|--|---------------|
| 4 | SANDEEP YADAV | BPED-II SEM | INTER UNIVERSITY HANDBALL-2018 | Participation |
| 5 | PINKI | BPED-II SEM | HAND BALL INTER UNIVERSITY | Participation |
| 6 | DEEPA RANI | B.P.E.d I YEAR | NORTH ZONE INTER UNIVERSITY (CRICKET) | III |
| 7 | ROHIT | B.P.Ed. II YEAR | NORTH ZONE INTER UNIVERSITY (TABLE TENNIS) | Participation |

State Level:

| S.No | Name | Class | Event name | Position |
|------|-------------------|-----------------|---|----------|
| 1 | HEMA | B.P.Ed. II SEM | 34 th HANBALL DELHI STATE TOURNAMENT | I |
| 2 | SANJANA CHOUDHARY | B.P.Ed. II SEM | DELHI OLYMPIC | III |
| 3 | ALPANA | B.P.Ed. IV SEM | DELHI OLYMPIC NETBALL | II |
| 4 | NAVEEN KUMAR | B.Sc. II Year | 30 th DELHI STATE TUG OF WAR | II |
| 5 | SHEETAL WACHHAL | B.P.Ed. II YEAR | DELHI OLYMPIC NETBALL | III |
| | | | DELHI STATE CHAMPIONSHIP OF TUG OF WAR | I |
| 6 | MALIKA | B.Sc. II Year | DELHI STATE CHAMPIONSHIP OF TUG OF WAR | I |
| 7 | NAVEEN KUMAR | B.Sc. II Year | DELHI STATE CHAMPIONSHIP OF TUG OF WAR | II |
| 8 | MAHIMA SEHRAWAT | B.Sc. II Year | DELHI STATE CHAMPIONSHIP OF TUG OF WAR | I |
| 9 | VARTIKA KAUSHIK | B.Sc. III Year | DELHI STATE CHAMPIONSHIP OF TUG OF WAR | I |
| 10 | NEHA | B.P.Ed. Sem II | SENIOR STATE VOLLEYBALL CHAMPIONSHIP | II |

Inter College Level:

| S.No | Name | Class | Event name | Position |
|------|-------------|----------------|-------------------------|----------|
| 1 | AMIT | B.Sc. VI Sem. | NETBALL INTERCOLLEGE | I |
| 2 | AKASH SAINI | B.P.Ed. II SEM | NETBALL INTER COLLEGE | I |
| | | | KORF BALL INTER COLLEGE | I |

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|----|----------------------------|-------------------|--|-------------------------|
| 3 | HEMA | B.P.Ed. II SEM | INTER COLLEGE HANDBALL | II |
| 4 | DIKSHA | B.P.Ed. II SEM | INTER COLLEGE NET BALL INTER COLLEGE KORF BALL | II Participation |
| 5 | LALREMRUA TA TLAU | B.P.Ed. IV SEM | KORF BALL INTER COLLEGE NETBALL INTER COLLEGE | III I |
| 6 | SANJANA CHOUDHARY | B.P.Ed. II SEM | NETBALL INTER COLLEGE HANDBALL INTER COLLEGE KORFBALL INTER COLLEGE | II II III |
| 7 | SNEHA RANI | B.P.Ed. II SEM | HANDBALL INTER COLLEGE | II |
| 8 | SURBHI CHAUDHARY | B.P.Ed. II SEM | HANDBALL INTER COLLEGE | II |
| 9 | SOURABH SAINI | B.P.Ed. II SEM | KORFBALL INTER COLLEGE NETBALL INTER COLLEGE | III I |
| 10 | ALPANA | B.P.Ed. IV SEM | INTER COLLEGE NETBALL INTER COLLEGE KORF BALL DELHI OLYMPIC NETBALL | II III II |
| 11 | SANDEEP YADAV | BPED-II SEM | INTER COLLEGE HANDBALL | II |
| 12 | PINKI | BPED-II SEM | NETBALL INTER COLLEGE HANDBALL INTER COLLEGE | II II |
| 13 | Shalini Singh | MPED-IV | INTER COLLEGE TUG OF WAR | I |
| 14 | KAJAL BHIST | MPED-IV | INTER COLLEGE TUG OF WAR | I |
| 15 | AKSHANT SINGH KATWAL | MPED-II SEM | NETBALL INTER COLLEGE | I |

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|----|------------------|-----------------|--|--------------------------------------|
| 16 | BHARTI | BPED-II SEM | INTER COLLEGE ATHLETICS | I |
| 17 | NAVEEN KUMAR | B.Sc. II Year | INTERCOLLEGE TUG OF WAR | I |
| 18 | HARSHITA DHYANI | B.P.Ed. II Sem. | KORFBALL INTERCOLLEGE FOOTBALL INTERCOLLEGE VOLLEYBALL INTER COLLEGE | II Participation Participation |
| 19 | SHEETAL WACHHAL | B.P.Ed. II YEAR | INTER COLLEGE OF TUG OF WAR INTER COLLEGE OF NETBALL INTER COLLEGE OF KORFBALL | I II III |
| 20 | SANSKRITI VERMA | B.Sc. II SEM | INTER COLLEGE TUG OF WAR | I |
| 21 | RANJEET KUMAR | B.P.Ed. II | INTER COLLEGE TUG OF WAR | II |
| 22 | MALIKA | B.Sc. II Year | INTER COLLEGE TUG OF WAR | I |
| 23 | NAVEEN KUMAR | B.Sc. II Year | INTER COLLEGE TUG OF WAR | I |
| 24 | MAHIMA SEHRAWAT | B.Sc. II Year | INTER COLLEGE TUG OF WAR | I |
| 25 | KAUSHAL | B.Sc. II Year | INTER COLLEGE TUG OF WAR | I |
| 26 | ROHIT | B.P.Ed. II YEAR | INTER COLLEGE LEVEL | II |
| 27 | PRITILATA SARKAR | M.P.Ed. II YEAR | INTER COLLEGE TUG OF WAR | I |

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|----|---------------------|-------------------|--------------------------------|----|
| 28 | VARTIKA KAUSHIK | B.Sc. III YEAR | INTER COLLEGE BOXING | II |
| 29 | VISHVENDER SINGH | B.Sc. III YEAR | INTER COLLEGE CROSS COUNTRY | II |

Any Other Level:

| S.No | Name | Class | Name Of Tournament | Position |
|------|--------------------|--------------------|---|--------------|
| 1 | HARSHITA DHYANI | B.P.Ed. II Sem. | LSR TOURNAMENT DTU INTER COLLEGE | III I |
| 2 | BHARTI | BPED II SEM | IDBI NATIONAL MARATHON | I |
| 3 | ANKUR | B.Sc. II Year | 4 TH UP STATE PARA CHAMPIONSHIP | I |
| 4 | SHIVA ATHWAL | | PASSED IAAF CECS LEVEL 1 COURSE | - |

Principal Signature
Seal of College