

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Abhijeet Singh

Max Marks : 20

Roll No.: 1

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Abhishek Rathor

Max Marks : 20

Roll No.: 2

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Akash Saini

Max Marks : 20

Roll No.: 3

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectories | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Alok Oraon

Max Marks : 20

Roll No.: 4

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Amit

Max Marks : 20

Roll No.: 5

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define kinesiology and Sports Biomechanics. Explain the importance of the study of Kinesiology and Biomechanics in the field of Physical Education | 10 |
| 2 | List and define all axis and planes. List all the fundamental movements possible in each axis and plane. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Amit Kumar

Max Marks : 20

Roll No.: 6

All questions are compulsory

| | | |
|---|--|----|
| 1 | List and elaborate upon the types of muscle contraction with the help of examples. | 10 |
| 2 | Define Posture. Explain the meaning, type and importance of good posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Amit Kumar

Max Marks : 20

Roll No.: 7

All questions are compulsory

| | | |
|---|--|----|
| 1 | Explain the meaning, definition and types of Lever. Explain the application of lever in sports activities with the help of examples. | 10 |
| 2 | Define Newton's Laws of Motion. Explain the application of Newton's Laws of Motion in sports activities and weight training with the help of examples. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Anjali

Max Marks : 20

Roll No.: 8

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--------------------|---|
| 1 | Linear kinematics | 5 |
| 2 | Angular kinematics | 5 |
| 3 | Mass | 5 |
| 4 | Inertia | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Anuj Hooda

Max Marks : 20

Roll No.: 9

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Anuj Yadav

Max Marks : 20

Roll No.: 10

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Ashish Maheshwari

Max Marks : 20

Roll No.: 11

All questions are compulsory

Write Short note on the followings:

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectory | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : _____

Max Marks : 20

Roll No.: 12

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Deepa Rani

Max Marks : 20

Roll No.: 13

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Deepanjali Sharma

Max Marks : 20

Roll No.: 14

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Diksha

Max Marks : 20

Roll No.: 15

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectories | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Dipanshu Sindhu

Max Marks : 20

Roll No.: 16

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed

Paper :CC-402 Kinesiology and Biomechanics

Assignment/ Class Test

Name : Divyani Singh

Max Marks : 20

Roll No.: 17

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define kinesiology and Sports Biomechanics. Explain the importance of the study of Kinesiology and Biomechanics in the field of Physical Education | 10 |
| 2 | List and define all axis and planes. List all the fundamental movements possible in each axis and plane. | 10 |

Class: B.P.Ed

Paper :CC-402 Kinesiology and Biomechanics

Assignment/ Class Test

Name : Harsh Kumar Jajoria

Max Marks : 20

Roll No.: 18

All questions are compulsory

| | | |
|---|--|----|
| 1 | List and elaborate upon the types of muscle contraction with the help of examples. | 10 |
| 2 | Define Posture. Explain the meaning, type and importance of good posture | 10 |

Class: B.P.Ed

Paper :CC-402 Kinesiology and Biomechanics

Assignment/ Class Test

Name : Harshita Dhyani

Max Marks : 20

Roll No.: 19

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain the meaning, definition and types of Lever. Explain the application of lever in sports activities with the help of examples. | 10 |
| 2 | Define Newton's Laws of Motion. Explain the application of Newton's Laws of Motion in sports activities and weight training with the help of examples | 10 |

Class: B.P.Ed

Paper :CC-402 Kinesiology and Biomechanics

Assignment/ Class Test

Name : Hemlata Nishad

Max Marks : 20

Roll No.: 20

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--------------------|---|
| 1 | Linear kinematics | 5 |
| 2 | Angular kinematics | 5 |
| 3 | Mass | 5 |
| 4 | Inertia | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Hirdesh Rawat

Max Marks : 20

Roll No.: 21

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Ishita Nagpal

Max Marks : 20

Roll No.: 22

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Jitesh Kumar

Max Marks : 20

Roll No.: 23

All questions are compulsory

Write Short note on the followings:

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectory | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Kapil

Max Marks : 20

Roll No.: 24

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Karan Gautam

Max Marks : 20

Roll No.: 25

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Kiran Kumari

Max Marks : 20

Roll No.: 26

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Kishan Kumar

Max Marks : 20

Roll No.: 27

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectories | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Love

Max Marks : 20

Roll No.: 28

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Manoj Kumar

Max Marks : 20

Roll No.: 29

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define kinesiology and Sports Biomechanics. Explain the importance of the study of Kinesiology and Biomechanics in the field of Physical Education | 10 |
| 2 | List and define all axis and planes. List all the fundamental movements possible in each axis and plane. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Meenu Rawat

Max Marks : 20

Roll No.: 30

All questions are compulsory

| | | |
|---|--|----|
| 1 | List and elaborate upon the types of muscle contraction with the help of examples. | 10 |
| 2 | Define Posture. Explain the meaning, type and importance of good posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Mehul Kumar

Max Marks : 20

Roll No.: 31

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain the meaning, definition and types of Lever. Explain the application of lever in sports activities with the help of examples. | 10 |
| 2 | Define Newton's Laws of Motion. Explain the application of Newton's Laws of Motion in sports activities and weight training with the help of examples | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Mohd. Shaquib

Max Marks : 20

Roll No.: 32

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--------------------|---|
| 1 | Linear kinematics | 5 |
| 2 | Angular kinematics | 5 |
| 3 | Mass | 5 |
| 4 | Inertia | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Mohit Morya

Max Marks : 20

Roll No.: 33

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Neha

Max Marks : 20

Roll No.: 34

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Netram Meena

Max Marks : 20

Roll No.: 35

All questions are compulsory

Write Short note on the followings:

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectory | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Nilesh Panchotiya

Max Marks : 20

Roll No.: 36

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Nishant Rathour

Max Marks : 20

Roll No.: 37

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Pinki

Max Marks : 20

Roll No.: 38

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Richa Nakoti

Max Marks : 20

Roll No.: 39

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectories | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Salman

Max Marks : 20

Roll No.: 40

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Sandeep Yadav

Max Marks : 20

Roll No.: 41

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define kinesiology and Sports Biomechanics. Explain the importance of the study of Kinesiology and Biomechanics in the field of Physical Education | 10 |
| 2 | List and define all axis and planes. List all the fundamental movements possible in each axis and plane. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Sanjana Chaudhary

Max Marks : 20

Roll No.: 42

All questions are compulsory

| | | |
|---|--|----|
| 1 | List and elaborate upon the types of muscle contraction with the help of examples. | 10 |
| 2 | Define Posture. Explain the meaning, type and importance of good posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Neha

Max Marks : 20

Roll No.: 43

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain the meaning, definition and types of Lever. Explain the application of lever in sports activities with the help of examples. | 10 |
| 2 | Define Newton's Laws of Motion. Explain the application of Newton's Laws of Motion in sports activities and weight training with the help of examples | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Shubham Baliyan

Max Marks : 20

Roll No.: 44

All questions are compulsory

Write Short Note on the followings

| | | |
|---|--------------------|---|
| 1 | Linear kinematics | 5 |
| 2 | Angular kinematics | 5 |
| 3 | Mass | 5 |
| 4 | Inertia | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Sneha Rani

Max Marks : 20

Roll No.: 45

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define Kinesiology & Sports Biomechanics. Explain the importance of Kinesiology & Sports Biomechanics. | 10 |
| 2 | List and define all fundamental movements in each plane and axis. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Sourabh Saini

Max Marks : 20

Roll No.: 46

All questions are compulsory

| | | |
|---|---|----|
| 1 | Explain with examples the classification of Joints and Muscles. | 10 |
| 2 | Explain the importance of good Posture | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Subhash Shakya

Max Marks : 20

Roll No.: 47

All questions are compulsory

Write Short note on the followings:

| | | |
|---|--|---|
| 1 | Newton's Laws of Motion | 5 |
| 2 | Factors influencing Projectile trajectory | 5 |
| 3 | Lever and its application in sports activities | 5 |
| 4 | Force | 5 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Surbhi Chaudhary

Max Marks : 20

Roll No.: 48

All questions are compulsory

Write Short Note on the followings

| | | |
|---|-----------------------------|---|
| 1 | Linear Kinematics | 7 |
| 2 | Types of Muscle Contraction | 7 |
| 3 | Linear Kinetics | 6 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Ashish Kumar

Max Marks : 20

Roll No.: 49

All questions are compulsory

| | | |
|---|--|----|
| 1 | Define kinesiology and Sports Biomechanics. Explain the importance of the study of Kinesiology and Biomechanics in the field of Physical Education | 10 |
| 2 | List and define all axis and planes. List all the fundamental movements possible in each axis and plane. | 10 |

Class: B.P.Ed
Paper :CC-402 Kinesiology and Biomechanics
Assignment/ Class Test

Name : Komal

Max Marks : 20

Roll No.: 50

All questions are compulsory

| | | |
|---|--|----|
| 1 | List and elaborate upon the types of muscle contraction with the help of examples. | 10 |
| 2 | Define Posture. Explain the meaning, type and importance of good posture | 10 |
