



# NATIONAL CONFERENCE

## Bhartiya Drishti Se Khel Srishti :

Building a Viksit Bharat through Sports, Yoga, Physical Activity and Wellness

NCBDKS-2026, March 24, 2026



Chief Guest  
**Prof. Yogesh Singh**  
Hon'ble Vice Chancellor  
University of Delhi



Guest of Honour  
**Prof. Rajni Abbi**  
Director, South Campus  
University of Delhi



Guest of Honour  
**Prof. Balaram Pani**  
Dean of Colleges  
University of Delhi



Guest of Honour  
**Dr. Vikas Gupta**  
Registrar  
University of Delhi



Guest of Honour  
**Sh. Bhanu Sachdeva**  
(Arjuna Awardee, Swimming)  
President, Kreedha Bharti, Delhi



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Treasurer, Governing Body  
IGIPSS, DU



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Chairman, Org. Committee  
**Prof. Sandeep Tiwari**  
Principal(Offg.)  
IGIPSS, DU

Organized By

**Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPSS)**  
(100% funded by Govt. of N.C.T. of Delhi), University of Delhi, B-Block, Vikaspuri, New Delhi - 18  
and  
**Kreedha Bharati, Delhi**



## ABOUT THE INSTITUTE

Indira Gandhi Institute of Physical Education & Sports Sciences (IGIPSS) is one of the leading institutions in the Country. The Institute was established on 3<sup>rd</sup> August 1987 by the then Delhi Administration under the auspices of the University of Delhi. The Institute is 100% funded by Govt. of N.C.T. of Delhi. It offers regular program in Physical Education i.e. B.Sc. (PE, HE & S) - Bachelor of Science (Physical Education, Health Education & Sports (Hons.), B.P.Ed & M.P.Ed. It also offers one month certificate program in Yoga Education. The Department of Physical Education & Sports Sciences (Faculty of Inter-Disciplinary and Applied Sciences) University of Delhi functions from the Institute's premises.

### PROPOSED DEGREE COURSES

- B.P.E.S (UG-NEP2020)
- M.P.E.S (PG-NEP2020)

### PROPOSED DIPLOMA COURSES

- Diploma in Yoga
- Diploma in Strength & Conditioning

### PROPOSED CERTIFICATE COURSES

- Sports Masseurs
- Sports Nutrition
- Strength & Conditioning

## ABOUT THE CONFERENCE



The National Conference on Bhartiya Drishti Se Khel Srishti (NCBDKS-2026) is built on the philosophy that exercise is essential for a healthy and progressive India, aligning with the broader national vision for Viksit Bharat 2047. It provides a structured platform for academic and professional exchange through various sub-themes, including sports science, mental health, and coaching performance. The scientific program is divided into specialized sessions focusing on Sports Nutrition, Exercise Physiology, and Innovations in Coaching, complemented by a central keynote address on sports excellence.

**“Swasth Vyakti, Swasth Parivar aur Swasth Samaj, Yahi Naye Bharat Ko Shresth Bharat Banane Ka Raasta Hai”**

Shri Narendra Modi, Hon'ble Prime Minister of India

### OBJECTIVES OF THE CONFERENCE

- Promote Physical Literacy
- Foster Sports Excellence
- Advance Health and Wellness
- Ensure Inclusivity and Accessibility
- Build Partnerships and Community
- Highlight the role of yoga and paramparagat khel in promoting holistic education, mental wellbeing and integrating Kreedaa avam bhartiya darshan

### SUB-THEMES

- Exercise Science & Sports Performance
- Nutrition & Performance Strategies
- Talent Identification & Development
- Adaptive Physical Education
- Corporate Wellness
- Artificial Intelligence & Data Analytics in Sports
- Sports Management
- Yoga, Mental Health & Wellness
- Sports Governance & Policy
- Women in Sports
- Traditional Sports (Paramparagat Khel)
- Traditional Vyayam Padhatti
- Kreedaa avam Vyayam Bhartiya Darshan: Philosophy of Physical Education & Sports

# CALL FOR PAPERS

NCBDKS-2026 provides a leading forum for the presentation of new advances and research results in Physical Education & Sports Science. The National Seminar will bring together leading researchers, human engineers and scientists in the domain of interest from around the country.

## Registration

Registration for participants will be confirmed upon completion of the payment through scanning the QR code. The proof of payment must be submitted through the registration Google Form, as provided in the brochure. Students who wish to participate in the Paper Presentation or Poster Presentation are required to submit their papers along with plagiarism report within the stipulated time through the Paper Submission Google Form, as mentioned in the brochure.

## Publication Opportunity

Accepted paper will be published in the Institute e-journal & proceeding.

## IMPORTANT DATES

Paper Submission Last Date : 15.03.2026  
Last Date of Registration : 15.03.2026  
Date of National Conference : 24.03.2026

## Venue

Indira Gandhi Institute of Physical Education  
& Sports Sciences (University of Delhi),  
B-Block, Vikaspuri, New Delhi - 110018

## Guidelines for Submission Manuscript

Research and review articles should be submitted as a soft copy in a word file, adhering to the following format: Maximum of 8 pages including abstract, Times New Roman font, 12 size, 1.15 - line spacing and A4 standard size. The submission must include an abstract of up to 300 words, along with keywords. All references and in-text citations must follow the APA 7th edition guidelines. The paper must be original, free from plagiarism, (less than 10%) and should not have been presented, submitted or published elsewhere. Name of the soft copy of the manuscript must be the title of your article. Submit the document through the Google Form by scanning the QR code given below

	Registration Fee	Accommodation Fee (Per Day with Breakfast) (Extra)
Student	250	1400 (sharing room)
Faculty / Delegate	1000	2800
Ph.D. Research Scholar	500	1400 (sharing room)

## Contact

Prof. Tarak Nath Pramanik (9818352747)  
Prof. Meenakshi (9717008710)

QR Code for  
Payment



QR Code for  
Registration



QR Code for  
Submission  
of Article



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Thiruvananthapuram, Kerala

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National Sports University, Manipur

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Dronacharya Awardee, Hockey

## **Ms. Pinki**

Arjuna Awardee, Lawn Bowl

## **Sh. Rakesh Goswami**

International Paralympic Player

