

Greeting to all of you from the  
National Sports Development Association ®



(AUGUST 2022 AND FEBRUARY 2023 -MERGED CYCLES)  
ON 26TH FEBRUARY 2023

### Category For Participations For School Level:

- Sub-Junior: For 1st to 5th Class
- Junior: For 6th to 8th Class
- Senior: For 9th to 12th Class
- UG/PG/Faculty Member

### The Pattern of Examination:

- Objective Type: Examination comprises 100 Multiple Choice Questions.
- History of Indian Sports, Traditional Sports, Games, Yoga, etc.
- Fitness topics with special emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games, and other popular sports/games.
- Physical Education
- Health Education
- Yoga Education

### Aims and Objectives:

- To Promote Physical Education, Health Education, and Sports Sciences Knowledge
- To Develop Positive Health-Related Fitness Habits Which Can Be Practiced Lifelong to Prevent Degenerative Diseases Awareness
- To Development of Health Interest and Attitude
- Understanding Health Problem and Their Prevention

### Mode of Examination: Internet-Base Test

(Laptop, Mobile App, Desktop, etc.)  
Academicians, Students are invited to participate in the National Olympiad of Physical Education and Sports Sciences

Examination - 2022-23.

### REGISTRATION FEES

REWARDS AND CASH PRIZES  
UP TO

RS. - 1.25 LAKH

E-CERTIFICATE

FOR ALL PARTICIPATION

Last Date of Registration: on 20th February 2023

For Registration Log on

[www.nationalsportsolympiad.com](http://www.nationalsportsolympiad.com)

Wishing you all a good sports future!!

FOR MORE INFORMATION CONTACT US:

EXAMINATION UNIT,

NATIONAL SPORTS DEVELOPMENT ASSOCIATION, INDIA (REGD.)

Mobile: +91-8533033084, 7500759005

[info@nationalsportsolympiad.com](mailto:info@nationalsportsolympiad.com) | [www.nationalsportsolympiad.com](http://www.nationalsportsolympiad.com)





# NATIONAL SPORTS DEVELOPMENT ASSOCIATION®

(LIFETIME ASSOCIATED WITH ASSOCIATION OF SPORTS DEVELOPMENT AND SPORTS SCIENCE)

*A Complete Sports Development Unit In India*

From:

Prashant Kaushik

Chairman: National Sports Development Association, India ®

Ref. No.- 2016/NSDA/Office /2022-23/08

Dated: 28-08-2022

## CIRCULAR

To,

Respected

Vice- Chancellors/Dean Academics

Chairperson/Director/Principal/Head of Department

Department of Physical Education and Sports

Department of Sports Sciences and Medicine

Department of Physiotherapy

Greeting from the National Sports development Association, India ®

Subject: National Olympiad of Physical Education and Sports Sciences Examination

(August 2022 and February 2023 -Merged Cycles)

Respected Sir/Mam,

It is my privilege to inform you and your team that the National Sports Development Association® with the collaboration of the Association of Sports Development and Sports Science organizes the "NATIONAL OLYMPIAD OF PHYSICAL EDUCATION AND SPORTS SCIENCE EXAMINATION (August 2022 and February 2023 -Merged Cycles)" on 26<sup>th</sup> February 2023.

An educational step towards physical education, health education, and sports knowledge awareness with the collaboration of the Association of Sports Development and Sports Sciences.

We are requesting you to participate in the biggest event titled "National Olympiad Physical Education and Sports Sciences Examination – 2022-2023" on 26<sup>th</sup> February 2022.



Registered Office : House Number-314 K, Basi Baghpat Uttar Pradesh - 250101

Mobile : +91-7500759005, 8533033084

E-mail : info@nationalsports.co.in | www.nationalsports.co.in



# NATIONAL SPORTS DEVELOPMENT ASSOCIATION®

(LIFETIME ASSOCIATED WITH ASSOCIATION OF SPORTS DEVELOPMENT AND SPORTS SCIENCE)

*A Complete Sports Development Unit In India.*

There are the following Categories for participation:

- School Level Student
- College/ Department/ University Level Student
- All Ph.D. Scholar and Faculty Members

Main Aims and Objectives:

- To Promote physical education, health education, and sports sciences knowledge
- To Develop positive health-related fitness habits which can be practiced lifelong to prevent degenerative diseases awareness
- To Development of health interests and attitudes
- Understanding health problems and their prevention

The Pattern of Examination:

- Objective Type: Examination comprises 100 Multiple Choice Questions.
- History of Indian Sports, Traditional Sports, Games, Yoga, etc.
- Fitness topics with special emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games, and other popular sports/games.
- Physical Education
- Health Education
- Sports Sciences
- Sports Physiotherapy
- Sports Psychology
- Sports Nutrition
- Sports Medicine
- Exercise & Sports Physiology
- Sports Biomechanics
- Yoga Education

|  |   |   |
|--|---|---|
| Duration of Examination                              | : | 120 Minutes.  |
| Mode of Examination                                  | : | Internet-Based Test   |
| Date of Examination                                  | : | 26 <sup>th</sup> February 2023  |
| For Online Registration Log on                       | : | <a href="https://nationalsportsolympiad.com">https://nationalsportsolympiad.com</a> |
| Registration Fees                                    | : | 350/- per student   |
| Deceleration of Result on<br>NOPESS official Website | : | To be announced later through the<br>official website within 15 working days        |

Registered Office : House Number-314 K, Basi Baghpat Uttar Pradesh - 25010

Mobile : +91-7500759005, 8533033084

E-mail : [info@nationalsports.co.in](mailto:info@nationalsports.co.in) || [www.nationalsports.co.in](http://www.nationalsports.co.in)





# NATIONAL SPORTS DEVELOPMENT ASSOCIATION®

(LIFETIME ASSOCIATED WITH ASSOCIATION OF SPORTS DEVELOPMENT AND SPORTS SCIENCE)

*A Complete Sports Development Unit In India.*

Academicians, Students are invited to participate in the National Olympiad of Physical Education and Sports Sciences Examination - 2022-23.

National Sports Development Association receives the online application of candidates from all over India from 5<sup>th</sup> April 2022 to 20<sup>th</sup> February 2023 through online mode.

Wishing you a good sport's future!!

My best wishes and warm regards to all of you!!

Thank You!!

Sincerely Yours!!

Dated: 28<sup>th</sup> August 2022

  
Prashant Kaushik

Copy to:

1. ~~Shri Anuraj Singh Thakur, Hon'ble Youth, and Sports Minister, MYAS, Govt. of India, New Delhi, India~~
2. Shri Dharmendra Pradhan, Hon'ble Education Minister, MOE, Govt. of India, New Delhi, India
3. Shri Sandip Pradhan, DG, Sports Authority of India, MYAS, Govt. of India, New Delhi
4. Smt. Sujata Chaturvedi, Secretary (Sports-), MYAS, Govt. of India, New Delhi, India
5. Prof. Mamidala Jagadesh Kumar, Chairman, University Grants Commission, New Delhi India
6. Prof. Rajnish Jain, Secretary & CVO, University Grants Commission, New Delhi, India
7. COE, Examination Unit, National Sports Development Association, India

Dated: 28-08-2022



  
Prashant Kaushik

|                     |                         |                      |                      |                         |              |
|---------------------|-------------------------|----------------------|----------------------|-------------------------|--------------|
| <b>School Name:</b> |                         |                      |                      |                         |              |
|                     | <b>State:</b>           |                      |                      | <b>City:</b>            |              |
|                     | <b>E-mail:</b>          |                      |                      | <b>Contact Number :</b> |              |
|                     | <b>Principal's Name</b> |                      |                      | <b>Contact Number :</b> |              |
|                     | <b>PET Name:</b>        |                      |                      | <b>Contact Number :</b> |              |
|                     |                         |                      |                      |                         |              |
|                     |                         |                      |                      |                         |              |
| <b>Student Name</b> | <b>Father Name</b>      | <b>Date of Birth</b> | <b>Student Email</b> | <b>Student Mobile</b>   | <b>Class</b> |
|                     |                         |                      |                      |                         |              |
|                     |                         |                      |                      |                         |              |
|                     |                         |                      |                      |                         |              |
|                     |                         |                      |                      |                         |              |
|                     |                         |                      |                      |                         |              |