



दिल्ली विश्वविद्यालय खेल परिषद्
Delhi University Sports Council
दिल्ली विश्वविद्यालय University of Delhi.

Ref. No. DUSC/ST/2022-23/

Dated: 12.01.2023

The Principal/OSD
Constituent College / Institute
University of Delhi
Delhi.

Sub: Selection Trials for University of Delhi Weightlifting (M&W) Team for All India Inter University Weightlifting (M&W) Tournament for the year 2022-23.

Dear Sir/Madam,

This is to inform you that the Selection Trials for the University of Delhi Weightlifting (M&W) Team for All India Inter University Weightlifting (M&W) Tournament for the year 2022-23 will be held on the following dates at **Ramanujan College, University of Delhi**. The Reporting Time shall be 10:00 am.

- **Weightlifting (Women): Tuesday 17th January, 2023**
- **Weightlifting (Men): Wednesday 18th January, 2023**

2. You are requested to send your outstanding players along with College Identity Card, Eligibility Performa and Team Manager for the Trials. They shall report to Dr. Pramod Sethi, Convenor, Weightlifting (M&W) Selection Committee.

3. The Tournament is scheduled to be held from **January 27–29 January 2023** for Weightlifting (Women) at **University of Calicut, Kerala**.

Selection Committee:

Chairman, DUSC

Director, DUSC

Dr. Pramod Sethi (9818211482) Convenor

Dr. Anjum Padyal

Dr. Sunita Arora

Dr. Charanjeet Kaur

Dr. Shikha Sharma

Expert to be nominated by Chairman, DUSC

PGDAV College (E)

Deshbandhu College

Lakshmibai College

Mata Sundri College for Women

Ramanujan College

Thanking you

Yours Sincerely,

Dr. Anil Kumar Kalkal

Director, Physical Education

Qualifying standards

Last Year All India Inter University Weightlifting Men Championship
at Chandigarh University, Mohali (PB)

Weight Category	Snatch	Clean & Jerk	Total
55 kg category	96	115	211
61 kg Category	103	124	227
67 kg Category	113	145	258
73 kg Category	121	146	267
81 kg Category	118	142	260
89 kg Category	131	158	289
96 kg Category	131	158	289
102 kg Category	128	164	292
109 kg Category	123	149	272
+109 kg Category	122	147	269

Qualifying standards

Last Year All India Inter University Weightlifting Women Championship 2021-22
held at Acharya Nagarjuna University, Gantur.

Weight Category	Snatch	Clean & Jerk	Total
45kg category	55	70	125
49kg Category	55	76	131
55kg Category	68	83	151
59kg Category	65	82	147
64kg Category	70	85	155
71kg Category	66	90	156
76kg Category	71	87	158
81kg Category	66	82	148
87kg Category	65	78	143
+87kg Category	63	80	143