

S. No. 2006

Roll No.....

Master of Physical Education
M.P.Ed./Semester-II-May -2016
Paper-MPE-0803 (iv) Game of Specialization
(Basketball)

Time: 3 Hours

Maximum Marks: 50

(Write your Roll No. on the top immediately on receipt of this question paper)

Note: Attempt any five questions. All questions carry equal marks

- Q.1. List and explain the techniques of Coaching in detail.
- Q.2. Explain the importance of Short term and long term team preparation for a decisive Basketball Competition..
- Q.3. Explain the Principles of load and adaptation.
- Q.4. Explain the anthropometric and physiological considerations of a Basketball player.
- Q.5. Explain in detail:
- a) Overload and its management
 - b) Individual and Team Tactics
- Q.6. List down safety and preventive measures in Basketball.
- Q.7. Draw a Biomechanical Analysis of lay-up shot in Basketball.
- Q.8. Prepare a coaching lesson plan to teach any one advance skill of Offensive System.