

(Open Book Examination Scheme-2022)

- Sr. No. of question paper:
- Name of the course: Master of Physical Education Semester-I
- Title of the paper: **MPE- 703- (i)Games of Specialisation- Athletics**
- Semester: I (April 2022)

Duration: (3hr + 1hr *)

MM: 50 Marks

(*For Downloading QP, Scanning Answer Sheet and Uploading It.)

Note- Instructions for Candidates-

- *Question paper consists of six questions and attempts any four questions.*
- *All questions carry equal marks*
- *Answers may be written either in English or Hindi; but the same medium should be used throughout the paper.*

Q. No.

1. Explain the sports training system for children.
2. Explain in detail the technical training for Athletes.
3. Explain in detail the technique of long distance running.
4. Explain the safety measure in throwing events.
5. Explain the general and specific rules to conduct Shot Put.
6. Explain the nutritional concept for training and competition.
