

NAME OF THE EXAMINATION: MPEd. (Master of Physical Education) SEM-III

NAME OF THE PAPER: MPE-0901 2021

NAME OF THE SUBJECT: FUNDAMENTALS OF HEALTH EDUCATION

SEMESTER: III-2021

DURATION: (3 hrs + 1 hr*)

***For Downloading of QP, Scanning answer sheet and uploading it.**

MAXIMUM MARKS: 50

INSTRUCTIONS FOR CANDIDATES

Attempt any FOUR questions. All questions carry equal marks

Q1. Briefly write about the role of health education in prevention of non-communicable disease. Explain different types of media used in health education. (12.5)

Q2. Explain all dimensions of Health highlighting the interrelationship among various dimensions. (12.5)

Q3. Explain ill effects and rehabilitation measures of alcohol abuse. (12.5)

Q4. What are communicable diseases. Describe mode of spread and prevention of communicable diseases. (12.5)

Q4. Write in detail the components of school health services. (12.5)

Q5. Explain the concept and components of wellness with special emphasis on illness-wellness continuum. (12.5)

Q6. Define Nutrition. What are the functions and sources of macronutrients? (12.5)