

## 98<sup>TH</sup> ANNUAL REPORT OF DELHI UNIVERSITY 2020-21

1. Name of the College : Indira Gandhi Institute of Physical Education and Sports Sciences, B-Block, Vikaspuri, New Delhi – 110018.

### 2. Major Activities and Achievements

- An Online Webinar Conducted with Zoom Application for Conducting Assembly on 13.04.2020, 26<sup>th</sup> to 30<sup>th</sup> April, 2020, 3<sup>rd</sup> to 7<sup>th</sup> May, 2020, 10<sup>th</sup> to 14<sup>th</sup> May, 17<sup>th</sup> to 21<sup>st</sup> May, 2020 and 24<sup>th</sup> May to 25<sup>th</sup> May due to outbreak of pandemic COVID-19. The Live Sessions conducted Counselling, Motivations and Appraisal. A National Webinar conducted on Obesity Management on 29<sup>th</sup> May, 2020 in collaboration with Bhaskaracharya College of Applied Sciences via Google Meet Application. 2<sup>nd</sup> National Webinar on Being Healthy was held on 09<sup>th</sup> June, 2020 in collaboration with Bhaskaracharya College of Applied Sciences via Google Meet Application. Organized One day International day of Yoga on Yogasana and Meditation during Covid – 19 on 21<sup>st</sup> June, 2020. Organized a two days webinar on Extension services/social outreach on Yoga and Meditation Training Camp on 22<sup>nd</sup> and 23<sup>rd</sup> June, 2020. A Two days webinar on the topic: Psychological strategies for winning organized on 23<sup>rd</sup> to 24<sup>th</sup> July, 2020 in which renowned resource persons delivered online lectures. Dr. Dhananjay Shaw Invited as a Speaker along with one colleague member Dr. Tarak Nath Pramanik, Assistant Professor, IGIPSS in the webinar on Yoga Asana and Meditation to Boost Immunity on 21<sup>st</sup> July, 2020 organized by Acharya Narendra Dev College, University of Delhi. A One day Webinar on Training of Microsoft Team for Faculty Members on 19<sup>th</sup> August, 2020. Organized an Online Introduction Programme of Faculty and Non Teaching Staff with students for New Academic Session of 2020-21 commenced on 18.11.2020. A Two days webinar on compliance of Teacher's Promotion on 14<sup>th</sup> to 15<sup>th</sup> Dec, 2020 organized by IGIPSS under the aegis of IQAC. Organized a One Day Cancer Awareness Programme in association with Rajiv Gandhi Cancer Institute on 24.02.2021 at IGIPSS in order to prevent society from Cancer. Organized Two Day Webinar on Mental Imagery For Sports Performance on 25<sup>th</sup> and 26<sup>th</sup> Feb, 2021 at IGIPSS. Organized 4<sup>th</sup> International Conference on Sports Psychology Serving Athletes and Coaches in association with Department of Physical Education and Sports Science and Sports Psychology Association of India on 09<sup>th</sup> , 10<sup>th</sup> and 12<sup>th</sup> March, 2021 at IGIPSS. (e-conference)
- Daily Assembly has been conducted in accordance with the Time Table (2.30 p.m. to 3.00 p.m.) for all the students and staff. For the purposes of cross checking the attendance, to announce and motivate the student for their next line of action / brief lecture or speech, for counselling / for redressal of any Grievance/s or short coming/to discipline the students / to recognize the accomplishment of students / Mass participation for fitness followed by **National Anthem** as a unique activity for the first time in the system of University of Delhi.

#### 4. Students with Distinctions

S.No.	Name of the Student	Class	Position in the University	Marks/CGPA	Percentage
1.	Malika	B.Sc.	I	8.794	87.94%
2.	Mahima Sehrawat	B.Sc..	II	8.510	85.10%
3.	Kapil	B.P.Ed	I	8.438	84.38%
4.	Abhijeet Singh	B.P.Ed	II	8.428	84.28%
5.	Deepak Singh	M.P.Ed	I	1572/1700	92.47%

#### 5. Publications: -

**1. Shaw Dhananjay, Amita Rana, Sachin Patel, Sonu Kumar, and Deepak Singh (2021)**, "Comparison among the Selected Seven Stakeholders Groups belonging to Non-Co-Educational Colleges of University of Delhi in regard to their Perception towards the Physical Education Programme", 4th International Conference on Sports Psychology at IGIPSS

**2. Shaw Dhananjay, Amita Rana and Deepak Singh (2021)**, "Comparison between Non Co-educational and Co-educational Colleges of University of Delhi in regard to the Perception of the Selected Seven Stakeholders Groups towards the Physical Education Programme", 4th International Conference on Sports Psychology at IGIPSS.

**3. Shaw, Dhananjay**, (2018) "Kinesiology and Biomechanics Enhancing Performances" Science Reporter – A CSIR Publication, September, 2018 pp. 23-24.

**4. Shaw, Dhananjay**, (2018) "Protein for Sports Persons and Myths about Plant-Based Protein" Global Journal of Nutrition and Food Science.1(2):2018 GJNFS.MS.ID.000507.

**5. Shaw Dhananjay, Manmohan Kaur and Rabiya Husain (2021)**, "Reliability of Health Questionnaire for Females Involved in Individual Sports", 4th International Conference on Sports Psychology at IGIPSS.

**6. Singh Jitendra, Sandhya Tiwari (March 2020)**, "Relationship of BMI with Musculoskeletal Fitness in College Students" International Journal of Physical Education & Sports Volume 5 Issue 03 1-6

**7. Mishra Jyoti, Sandhya Tiwari (2020) An Assessment of Participation in Physical Activity Amongst the Elderly Female of Delhi Region** International Journal of Movement Education & Sports Sciences, Vol VIII No. 1 pp 38-40.

8. **Mishra Jyoti, Sandhya Tiwari (2020) Assessment of Psychological Well being of Elderly Women of Delhi Region.** International Journal of Movement Education and Sports Sciences, Vol. VIII No. 1 pp 41-43
9. **Gupta Kanika, Samiran Chakraborty (2020) Significance of Curriculum Model And Design in Curriculum Development,** International Journal for Innovative Research in Multidisciplinary Field (ISSN 2455-0620) pp759-762.
10. **Khare Pritish, Samiran Chakraborty, Geeta Negi (2020) Graphical Representation and Analysis of Selected Factors Through Feedbacks From Several Editions of Amateur Level Football Tournament,** International Journal for Innovative Research in Multidisciplinary Field Vol-6 Special Issue-17

#### **6. Journals published by the College**

##### **PRIYADARSHINI**

#### **Number of College Teacher's serving as Editor(s)/Member(s) of Editorial Board**

Total No. 7 – Dr. Sanjeev Kaushal (C), (Dr. Sarita Tyagi, Dr. Rakesh Gupta, Dr. Rajbir Singh, Dr. Vijay, Dr. Ekta Bhushan Satsangi, Dr. Meenakshi).

#### **9. Seminar/Conference Organized**

A National Webinar on Obesity Management was held on 29<sup>th</sup> May, 2020 in collaboration with Bhaskaracharya College of Applied Sciences via. Google Meet Application.

2<sup>nd</sup> National Webinar on Being Healthy was held on 09<sup>th</sup> June, 2020 in collaboration with Bhaskaracharya College of Applied Sciences via. Google Meet Application.

Organized a two days webinar on Extension services/social outreach on Yoga and Meditation Training Camp on 22<sup>nd</sup> and 23<sup>rd</sup> June, 2020.

A Two days webinar on the topic: Psychological strategies for winning organized on 23<sup>rd</sup> to 24<sup>th</sup> July, 2020 in which renowned resource persons delivered online lectures.

A One day Webinar on Training of Microsoft Team for Faculty Members on 19<sup>th</sup> August, 2020.

A Two days webinar on compliance of Teacher's Promotion on 14<sup>th</sup> to 15<sup>th</sup> Dec, 2020 organized by IGIPSS under the aegis of IQAC.

Organized Two Day Webinar on Mental Imagery For Sports Performance on 25<sup>th</sup> and 26<sup>th</sup> Feb, 2021 at IGIPSS.

Organized 4<sup>th</sup> International Conference on Sports Psychology Serving Athletes and Coaches in association with Department of Physical Education and Sports Science and Sports Psychology Association of India on 09<sup>th</sup> , 10<sup>th</sup> and 12<sup>th</sup> March, 2021 at IGIPSS. (e-conference)

## **Seminar/Conference Presentation**

### **Seminar/Conference Presentations/Participation/Webinar\***

**Dr. Sandeep Tiwari**, acted as Resource Person in Webinar on Technical and Practical Preparation of Sports Persons organised by PEFI on 10.11.2020.

**Dr. Sandeep Tiwari**, acted as Resource Person in Webinar on Quantifine Training Load – A scientific way refresher course organized by UGC – HRD Center, BPS Women University on 05.11.2020

**Dr. Sandeep Tiwari**, acted as Resource Person in Webinar on Career and Professional Development in Physical Education and Sports, Central University of Punjab, Bhatinda on 02.11.2020.

**Dr. Sandeep Tiwari**, acted as Resource Person in Webinar on Physical Activity and the Immune System Amidst Covid – 19 organized jointly by Gujarat Vidhyapeeth and Swarnim Gujarat Sports University, Gandhi Nagar on 16.10.2020.

**Dr. Sandeep Tiwari**, acted as Resource Person in Webinar Induction/Orientation Training Programme for Faculty in Universities/Colleges organized by Learning Center, Ramanujan College, University of Delhi w.e.f. 26.06.2020 to 24.07.2020

## **10.Conference Organized**

Organized 4<sup>th</sup> International Conference on Sports Psychology Serving Athletes and Coaches in association with Department of Physical Education and Sports Science and Sports Psychology Association of India on 09<sup>th</sup> , 10<sup>th</sup> and 12<sup>th</sup> March, 2021 at IGIPSS. (e-conference)

## **12.National/International MoUs Signed**

MoU negotiations with various Institutions of National and International repute are under consideration.

## **13.Other Inter-Institutional Collaboration**

Other Inter-Institutional Collaboration is under process with various Institutions of National and International repute.

## **15. Placement Details**

Students of this Institute got the job in Kendriya Vidyalaya School, Navodaya Vidyalaya School and other government schools of NCT of Delhi (through DSSSB) and various private schools of Delhi. Recently, in the year 2018 around 140 students (B.Sc. and B.P.Ed.) of this Institute have been appointed in Delhi Government Schools through DSSSB.

## **16.Extension and Outreach Activities**

**The International Yoga Day** was celebrated in the Assembly Hall of the Institute on 21.06.2020 in which children of adjoining area were called to participate in the function.

Organized a One Day Cancer Awareness Programme in association with Rajiv Gandhi Cancer Institute on 24.02.2021 at IGIPSS in order to prevent society from Cancer.

## 17. Library Development

Successfully implementation of digital library, users of IGIPSS have access to the full text documents in digital format i.e. old question papers, M.P.Ed., B.P.Ed and B.Sc. Syllabus, all Ph.D. thesis and all M.P.Ed. Dissertations awarded from 2013 onwards. Presently IGIPSS library database "Vidya: Library Management Software" has been put on-line through XAMPP Server.

Total Library collection 12869 (9212 Accessioned Books, 2300 Reading Room, 729 Thesis and 598 Department Books) has been computerized in the database and Bar-coded which is searchable through Online Public Access Catalogue (OPAC). Library has organized three library orientation programs to enhance the use of physical and digital information resource.

### Journal Subscribed: \*

- (i) Paperback Version : 02 (International)  
(ii) Paperback Version : 20 (National)

## 18. Faculty Strength

Permanent = 26 (including Officiating Principal)

## 19. Financial Allocation and Utilization

S.No	Major Head	Unspent as on 01.04.2020	Allocation (2020-21)	Total GIA Received (2019-20)	Expenditure up to 31.03.2021	Balance as on 31.03.2021*
1.	GIA – Salary	1,03,34,435	13,01,65,565	13,01,65,565 +2158809 (Receipts) =132324374	13,99,74,691	26,84,118
2.	GIA – Other than Salary	2,64,510	97,35,489	97,35,489	58,82,745	41,17,255
3.	GIA – Promotion of Sports Facilities	2188800	0	2188800	0	2188800
4.	GIA – Capital Assets	8741987	0	0	0	8741987

## 20. Any Other Significant Information

Data could not be procured due to unprecedented situation prevailing in the country. The information will be upgraded as and when lockdown is lifted.

## 21. Dr. Sanjeev Kaushal Coordinator Contact No. - 9958596170

**DR. SANDEEP TIWARI**  
**ACTING PRINCIPAL**