

# INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION & SPORTS SCIENCES

(University Of Delhi)

B-Block, Vikaspuri, New Delhi - 110018

## Annual Report 2023-24 (1<sup>st</sup> April 2023 - 31<sup>st</sup> March 2024)

1. **Name of the College:** Indira Gandhi Institute of Physical Education and Sports Sciences, B-Block, Vikaspuri, New Delhi-110018

2. **Major Activities:**

### **State Gymnastic Championship organized by Delhi Olympic Association in Delhi held on 28<sup>th</sup> to 31<sup>st</sup> March 2024**

- State Gymnastic Championship was held in The Gymnastic Academy, Dhulsiras village, Dwarka from 28th to 31st March, 2024. Mr. Abhishek Tripathi, Assistant Professor, IGIPSS, participated as Competition Director and Sourav & Aarti Rana, students participated as members of the jury. Anoop won three medals (one Gold, one Silver and one Bronze) and Jitender won five medals (2 Silver and 3 Bronze).

### **Three days training Program**

- A three day training program on **Research Methodology: Statistical Data Analytics through SPSS Software** was organised from 26-28<sup>th</sup> March, 2024 from 10 a.m. to 5 p.m. for the students of M.P. Ed. (II & IV Sem.) and B.Sc. VI Sem in the Computer section of the Institute.

### **One day program on World Forestry Day in the Institute**

- 'World Forestry Day' was participated by the students in the Institute on **21<sup>st</sup> March, 2024** at **11.00** am.

### **Two day program on typing in Hindi**

- A two-day training program on the subject 'Typing in Hindi' was organized on March 14, 2024 and March **15,2024** from 3.00 pm by the Official Language Implementation Committee in which non-teaching staff of the Institute participated.

### **Celebration of NCC Mahotsav "Aarambh-24" at the Institute**

- The NCC students participated in various Sports on '**NCC Mahotsav Aarambh-24**' was organized at the Institute on 28<sup>th</sup> February, 2024 at 10.00 am with Dr.Raj Kumar as the special guest and Prof. Bipin Tiwari as the Presiding officer .

### **One Day Lecture on NET/SLET**

- On **March 12, 2024 at 2.00 pm**, a one-day lecture on the topic 'NET/SLET' was organized by the Internal Quality Assurance Committee in the Institute in which Dr. Anil Karvande, former Principal, Ishwar Deshmukh College of Physical Education, Nagpur participated as the keynote speaker.

### **National Games (Golf and Cycling Competition):**

- **80** students of the IGIPSS Institute joined as volunteers to organize Golf and Cycling events in Delhi.

### **Central Assessment Centre:**

- University of Delhi has appointed I.E.S.E. for evaluation of all Undergraduate (Physical Education) courses. Central evaluation center was established in the Institute and all evaluation work has been completed on time.

### **Pariksha Pe Charcha 2024:**

- Live telecast of **discussion on examination** was organized in the Institute for the students on 29.01.2024. In the two-hour long programme, Prime Minister Shri Narendra Modi shared tips with students, parents and teachers on how to overcome exam stress. PM Modi answered questions on topics ranging from family pressure, stress management, fraud prevention to career selection.

#### **Pledge Ceremony:**

- A Pledge ceremony was organized on 25.01.2024 at 12.15 pm on the theme '**Voice of Youth– Viksit Bharat @2047 Campaign**' by the Internal Quality Assurance Committee in the Assembly Hall.
- A Pledge ceremony was organized on Voters' Day in the Assembly Hall by the Internal Quality Assurance Committee on 25.01.2024 at 12.00 noon.

#### **Flag Hoisting on Republic Day:**

- Flag hoisting was done on Republic Day on 26.01.2024 at 8.00 am in the premises of the Institute.

#### **Organization of “Ethnic Day”**

- “**Ethnic Day**” was organized in the Institute on 10.11.2023 at 12.00 noon in which many students participated in the program.

#### **Orientation program for B.P.Ed. and M.P.Ed. was organized on 10.10.2023.**

- With the objective of making students aware about the code of conduct and encouraging them to follow it, a counselling session on the topic **code of conduct for students** was organized on 10.10.2023.

#### **Sanitation Service Campaign**

- Swachhta Seva Abhiyan program was organized under **Ek Tarik Ek Ghanta campaign** on 01.10.2023.

#### **Workshop on Art of Living**

- A workshop on the topic **Art of Living** was organized for the students on 13.09.2023.

#### **Workshop on Moral Values and Ethics**

- A workshop was organized on the topic '**Moral Values and Ethics**' with the aim of awakening moral values among students on 13.09.2023.

#### **Counselling session on Code of Conduct**

- With the objective of making students aware about the Code of Conduct and encouraging them to follow it, a counselling session on the topic **Code of Conduct** was organized for students on 12.09.2023.

#### **Grassroots Level Gymnastics Championship 2023-24 of the Institute**

- '**Grassroot Level Gymnastic Championship**' organized on 24.08.2023 and 25.08.2023 in the premises of the Institute.

#### **77<sup>th</sup> Independence Day Celebration**

- **The 77th Independence Day** was celebrated with full zeal and enthusiasm on 14th August 2023, in which the students as well as Teaching and Non-Teaching Staff of the Institute participated. On this occasion, the flag hoisting ceremony and Tiranga Hamari Shaan rally were also organized.

#### **Alumni Meet-2023**

- **Alumni Meet** was organized by IQAC on 3rd August, 2023 for a get together of a large number of alumni students.

#### **36<sup>th</sup> Foundation Day 2023**

- A function was organized by IQAC on the occasion of 36th Foundation Day of the Institute on 03.08.2023. On this occasion, a message from the Hon'ble Treasurer of the Institute, Governing Body and Principal (Office) was presented and a tree plantation program was also organized.

### **Unified Sports: Skill Development**

- A three-day training program of Special Inclusion Training Program "Integrated Sports: Skill Development" was organized by IQAC at the Institute from 05.07.2023 to 07.07.2023.

### **9<sup>th</sup> International Day of Yoga**

- On the occasion of **9<sup>th</sup> International Yoga Day**, IQAC organized "Yoga Camp for the Community" from 01.06.2023 to 31.06.2023 at the Gymnasium Hall of the Institute, in which residents of surrounding societies actively participated in the camp for a month.

### **Celebration of Kids Athletics Day**

- To encourage children and youth across the world to participate and stay active in athletics, World Athletics celebrates **Kids Athletics Day** every year on 07.05.2023. To achieve this objective, the Institute celebrated Kids Athletics Day, in which a large number of children in the age group of 7-8 years, 9-10 years and 11-12 years participated in various events.

### **Athletics Summer Camp**

- Athletics Summer Camp was organised in the Institute from 1<sup>st</sup> June 2023 to 30<sup>th</sup> June, 2023 led by Prof. Pardeep Kumar Department of Athletics, IGIPESS.

### **National Technology Day**

- In view of **National Technology Day** celebration held on 11.05.2023, the lecture of the Hon'ble Prime Minister was telecast in the Gymnastic Hall screen.

### **Annual Day & Award Ceremony**

- The Annual Day and Award Ceremony was held on 27.04.2023 in which many dignitaries including Dr. Vikas Gupta, Registrar, University of Delhi, Prof. Bipin Tiwari, Chairman, Governing Body and Ms. Alice Vaz R, IAS etc. participated.

### **Annual Athletic Meet 2023**

- The **Annual Athletic Meet 2023** was organized on 20.04.2023 which was attended by many dignitaries including Professor Balram Pani - Dean of Colleges, University of Delhi, Professor Bipin Tiwari, Chairman, Governing Body and Shri Parvesh Sahib Singh, Member of Parliament etc.

### **Interaction with Youth on Tobacco Control**

- An interaction session was organized on 20.04.2023 in which Hon'ble Member of Parliament, Shri Pravesh Sahib Singh interacted with the students on Tobacco control.

### **3. Seminar/ Workshops Organized:**

#### **One day workshop on Road Safety Awareness Campaign:**

- On February 27, 2024 at 2.00 pm, a one-day workshop on the topic 'Road Safety Awareness Campaign' was organized in the Institute under the joint aegis of Internal Quality Assurance Committee and Brahma Kumari Raj Yoga Meditation Centre.

#### **Contribution of Hindi in National Unity:**

- On February 05, 2024 at 2.00 pm, a day was organized for 'Contribution of Hindi in National Unity' in the Institute by the Internal Quality Assurance Committee and the Official Language Implementation Committee.

### **Program for information about Hindi typing in computer:**

- A Program was organized to provide information about various toolkits with the aim of becoming proficient in Hindi typing for the employees working in all the departments of the Institute.

### **Various holidays and rules:**

- A One-day workshop on 'Various Holidays and Rules' was organized in the Institute by the Internal Quality Assurance Committee on January 29, 2024 at 11.30 am in which the main speaker was Shri Bharat Bhushan Khatri, Section Officer.

### **Develop India @2047 Campaign:**

- On 28.12.2023 at 10.00 am, a counselling session was organized by the Internal Quality Assurance Committee with all the students of the Institute on the topic '**Voice of Youth - Developed India @2047 Campaign**' in which Prof. Sandeep Tiwari, Principal (Officiating) was the main speaker.

### **One day workshop on Burning issue of legal matters:**

- A one day workshop on '**Burning Issues in Legal Matters**' was organized at the Institute on 07 December, 2023 at 2.00 pm in which Shri R.K. Sharma, Advocate, Supreme Court of India participated as the main speaker.

### **Orientation Program for newly admitted students of B.Sc., B.P. Ed. and M.P. Ed.:**

- Orientation program was organized for the B.Sc. students on 12.09.2023 and 13.09.2023.
- On 13.09.2023, an Awareness Campaign was organized for students on the topic of drug abuse, drinking and smoking.
- **Environment awareness campaign** was organized on 13.09.2023 with the aim of sensitizing students towards the environment.
- **Anti-Ragging Campaign** was organized on 12.09.2023 with the objective of encouraging students to avoid indulging in anti-ragging activities.
- A counselling session was organized for the students on 12.09.2023 with the aim of making the students aware about the **Information on curriculum and its future usefulness**.
- On 12.09.2023, a counselling session was organized on the topic of role of **NCC in career and registration process for NCC**.
- **Students Union Election Campaign** was organized on 12.09.2023 with the aim of making students aware about the Importance of elections and their role.

### **One day workshop on Vigilance Awareness:**

- A one day workshop on Vigilance Awareness was organized in the Institute on November 10, 2023 at 10.30 am in which Dr. P.S. Bhushan ji presented a lecture on the topic of preventive vigilance.

### **Super 7 League (football):**

- Super 7 League (Football) for school going children was organized on 30 & 31 October, 2023 and 01 & 2 November, 2023. It was managed by the Master's Degree (Sports Management Specialization) students of our Institute under the guidance of Prof. Sameeran Chakraborty.

### **A Workshop on Lifestyle Management and Osteoporosis Day:**

- A workshop on Lifestyle Management and Osteoporosis Day was organized in the Institute by the Internal Quality Assurance Committee on 20.10.2023 at 12.00 noon in which Mr. M.L. Gupta, Chief Warden, Civil Defence participated as the main speaker.

## **Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act – 2023**

- A workshop on Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act – 2023 was organized by the Internal Complaint Committee and Internal Quality Assurance Committee in the Institute on 10.10.2023 at 2.00 pm.

## **Counselling Session:**

- A counselling session was organized on 01.10.2023 for the students on the topic - **Importance of NSS and NCC in career.**

## **Awareness Programme on “Ill Effects of Alcoholic Drinks, use of tobacco & Drugs Abuse:**

- A Workshop on Awareness Programme on “**Ill Effects of Alcoholic Drinks, Use of Tobacco & Drugs Abuse**” was organized on 21<sup>th</sup> July, 2023 by IQAC in the Assembly Hall of the Institute.

## **Unified Sports: Skill Development:**

- A Three Day Training Programme titled as **Special Inclusion Training Programmes “Unified Sports: Skill Development”** was organized from 05.07.2023 to 07.07.2023 by IQAC in the Institute.

## **Sports Journalism:**

- A workshop on “**Sports Journalism**” was organized on 19<sup>th</sup> May, 2023 by IQAC in the Institute.

## **Performance and Recovery in Sports via Nutrition Science:**

- A workshop organized on “**Performance and Recovery in Sports via Nutrition Science**” on 13<sup>th</sup> April 2023 by IQAC.

## **4. Publications**

1. **Prof. (Dr.) Sandeep Tiwari**, Prof. (Dr.) Sandhya Tiwari, Anshuman Shukla, A Comparative Study On Individual and Team Athletes On Flow State, Shodhasamhita : Journal of Fundamental & Comparative Research Vol. IX, Issue-I, Book No.6, January – June: 2023

**ISSN: 2277-7067 UGC-CARE IF: 7.268, 2023**

2. **Prof. (Dr.) Sandeep Tiwari**, Prof. (Dr.) Sandhya Tiwari, and Anshuman Shukla, An Examination on Experience of Flow Among Different Positions Among Volleyball Players, Shodhasamhita : Journal of Fundamental & Comparative Research Vol. IX, Issue-I, Book No.6, January – June: 2023 **ISSN: 2277-7067 UGC-CARE IF: 7.268, 2023**

3. Sandeep Gupta, Prof. Sandhya Tiwari and **Prof. Sandeep Tiwari**, A Study on Selected Physiological Variables Among 60- to 64-year-Old Physically Active and Sedentary Male Senior Citizens. Vol. CIV, Issue-5, May 2023

Annals of the Bhandarkar Oriental Research Institute with ISSN : 0378-1143

**UGC-CARE List Group I, Impact Factor: 6.5, 2023**

4. Sandeep Gupta, Prof. Sandhya Tiwari and **Prof. Sandeep Tiwari**, A Study on Quality of Life Among Physically Active and Sedentary Male Senior Citizens, Bhairavi, ISSN No. 0975-5217, **Impact Factor: 5.1**, UGC Care Group 1 Journal, **2023**

5. Tapeshe Yadav, **Dr. Sandhya Tiwari**, Dr Yogesh Chander, Reliability of the Physical Activity Enjoyment Scale Questionnaire in Indian College Girl Students Population, IJFANS International Journal of Food and Nutritional Sciences, ISSN PRINT 2319 1775 Online 2320 7876, UGC Care Listed (Group-1) Journal Volume 12, Iss 1, 2023, Page No. 2715, **2023**

6. Prof. (Dr.) Sandeep Tiwari, **Prof. (Dr.) Sandhya Tiwari**, Anshuman Shukla, A Comparative Study On Individual and Team Athletes On Flow State, Shodhasamhita : Journal of Fundamental & Comparative Research Vol. IX, Issue-I, Book No.6, January – June: 2023, **ISSN: 2277-7067, UGC-CARE IF: 7.268, 2023**
7. **Prof. (Dr.) Sandeep Tiwari**, Prof. (Dr.) Sandhya Tiwari, and Anshuman Shukla, An Examination on Experience of Flow Among Different Positions Among Volleyball Players, Shodhasamhita : Journal of Fundamental & Comparative Research, Vol. IX, Issue-I, Book No.6, January – June: 2023 **ISSN: 2277-7067, UGC-CARE IF: 7.268, 2023**
8. Sandeep Gupta, Prof. Sandhya Tiwari and **Prof. Sandeep Tiwari**, A Study on Selected Physiological Variables Among 60- to 64-year-Old Physically Active and Sedentary Male Senior Citizens., Vol. CIV, Issue-5, May 2023 Annals of the Bhandarkar Oriental Research Institute with ISSN : 0378-1143 **UGC-CARE List Group I Impact Factor: 6.5, 2023**
9. Sandeep Gupta Prof. Sandhya Tiwari and **Prof. Sandeep Tiwari**, A Study on Quality of Life Among Physically Active and Sedentary Male Senior Citizens, Bhairavi, ISSN No. 0975-5217, **Impact Factor: 5.1**, UGC Care Group 1 Journal, **2023**
10. Prof. Sarita Tyagi, Comparative Study on Sports anxiety irrespective of gender differences among badminton and tennis players, Journal of Sports Science and Nutrition, 2023, Vol-4(1), Page No-162-164, ISSN-2707-7012, UGC Listed
11. Prof. Sarita Tyagi, A Comparative Analysis of Body composition and life style among male and female teachers of Delhi University, International Journal of Physical Education, Sports and Health, 2023, Vol-10(2), page No 21-25, ISSN 2394-1693, UGC Listed
12. Prof. Sarita Tyagi, A Comparative analysis of life style and health status among male and female teachers of Delhi University, International Journal of Physical Education, Sports and Health, 2023, Vol-10(2), Page 18-20, ISSN 2394-1693, UGC Listed.
13. Awadesh Kumar Shirotriya, **Lalit Sharma** and Amrendra pandey, What Motivates Students to Physical Activity: Development and Validation of the students Physical Activity Motivation Scale, Journal of Health Management (1-9), DOI: 10.1177/0972-634231196942, Sage Publisher
14. Abhishek Tripathi, **Lalit Sharma**, Meenakshi, Shivam Thapa, Effect of Sixteen Weeks self talk intervention for improving self confidence and performance among artistic gymnastic players, European Chemical Bulletin, Index-Bi-Scopus, ISSN-2063 5346, Volume -XII, Issue-5, Page no 5551 5558
15. **Prof. Lalit Sharma**, Exploring the Barriers to Physical Education opportunities in India's School:A Study of Parental Perceptions after the unprecedented performance at the Tokyo Olympics, Education Sciences, November, 2023, Issue No. 13(12), Page-1184, ISSN-2227-7102, Factor – 3.
16. **Dr. Meenakshi, Dr. Ajit, Dr. Lalit Sharma**, Application of Statistical Software for Data Analysis in Physical Education, Friends Publications (India) ISBN-978-93-92791-32-1, 2023
17. **Dr. Meenakshi**, Effect of 32 Weeks of Training to reduce fear of injury in Artistic Gymnastic, Shodh-Prabha, UGC Care Listed Journal, ISSN 0974-8946, Vol – 48, Issue – 2, April June 2023, 2023
18. Mr. Rishabh Singh, **Dr. Dharmender Kumar**, Meta-Analysis on Mental Health of Athletes During Covid – 19 Pandemic, SHODHAK, ISSN – 0302-9832, Impact Factor – 7.75, UGC Care Group – 1, @023, Vol. 53, Page No. 38-41, **2023**

19. Kaustabh monikonwarm, **Dr. Dharmander Kumar**, Relationship of Fitness to Academic Stress and IQ Among Higher Secondary Level School Students, SHODH DISHA, ISSN – 0975-735X, Pg. 337-341, UGC Approved Care Listed Journal, 2023
20. Mohit Morya, **Dr. Dharmander Kumar**, A Systematic Review: Physical Health of Athletes During Covid Pandemic, Shodhak, ISSN 0302-9832, Impact – 7.75, Page No. 80-84, UGC Care Group 1, Vol-53(May-August, 2023), **2023**
21. Madhurjya Baruah, **Dr. Dharmander Kumar**, Impact of Online Physical Education Classes compared to offline learning on aggression, anxiety and stress among Higher Secondary level School Students in North-Eastern State, Shodhak, ISSN 0302-9832, Impact – 7.75, Page No. 142-147, UGC Care Group 1, Vol-53 (May-August, 2023), **2023**
22. Utkarsh, **Dr. Dharmander Kumar**, The Effect of Sun salutation practice on Sleep Quality in Cricket Players, Shodhak, ISSN 0302-9832, Impact – 7.75, Page No. 140-144, UGC Care Group 1, Vol-53(Sep-Dec,2023), **2023**

## 5. Conferences Organized

### One Day Lecture:

- Shri Sanjay Kumar Swami and Professor Sandhya Garg participated as Keynote speakers on the role of Hindi in Nation Building and the role of Institutional development and learning Hindi, which was organized on 19.09.2023.

## 6. Placement Details

- Students of this Institute received job offers in Kendriya Vidyalaya School, Navodaya Vidyalaya School and other government schools of NCT of Delhi (through DSSSB) and various private schools of Delhi.
- Placement drive was held on 14/02/2024 in which over 56 students from various semesters participated in the placement drive, showcasing their skills and competencies. The event attracted Cult Fitness company which is a renowned fitness company in India.
- Details of students placed from our Institute –

S. No.	Name of the Student	Posted at
1.	Avinash Kumar Singh (M-06/23)	KVS
2.	Bakul Verma (M-25/23)	KVS
3.	Nitin Mann (M-30/23)	KVS
4.	Yadush Yadav (M-49/23)	KVS
5.	Bhumika (M-16/22)	KVS
6.	Dushyant Yadav 9D-21-22)	KVS
7.	Priyanka (D-45/22)	KVS
8.	Sachin Kumar (D-47/22)	KVS
9.	Cupric Bob Toppo (M-17/22)	KVS
10.	Geetanjali (M-20/22)	KVS
11.	Keshav Sharma (M-24/22)	KVS
12.	Khushbu Kumari (M-25/22)	KVS
13.	Vicky Rai (M-47/22)	KVS
14.	Yash (M-52/22)	KVS
15.	Ram Kumar (D-46/22)	KVS
16.	Jackey	DSSSB
17.	Jatin Grover	DSSSB
18.	Monu	DSSSB
19.	Vartika Kaushik	DSSSB

20.	Dr. Kavita Vats	Asst. Professor, SPM College
21.	Dr. Seema Kumari	Asst. Professor, SPM College
22.	Dr. Sudha Pandey	Asst. Professor, Kalindi College
23.	Dr. Rakesh Kumar	Asst. Professor, Gargi College
24.	Dr. Vineeth Mehta	Asst. Director, Physical Education, Bhagat Singh (Evening)
25.	Dr. Anuj Chaudhary	Asst. Director, Aryabhatta College
26.	Dr. Vishal Goswami	Asst. Professor, Ramlal Anand College
27.	Dr. Jyoti Mann	Asst. Director, DUSC (DU)
28.	Dr. Ranjeet Kaur	Asst. Professor, Mata Sundri College
29.	Dr. Rekha Sharma	Asst. Professor, Mata Sundri College
30.	Dr. Neeru Yadav	Asst. Professor, Miranda College
31.	Dr. Vineeta Baluni	Asst. Professor, KNC
32.	Dr. Manoj Rathi	Asst. Professor, DCAC
33.	Dr. Inderpreet Nanda	Asst. Professor, SGTB Khalsa (Morning)
34.	Dr. Rajwant Singh	Asst. Professor, Khalsa College
35.	Dr. Tarun Rohtan	Asst. Professor, JDM
36.	Dr. Pritish Khere	Sports Officer, Amity University, Manesar
37.	Priyanka Sharma	Sports Officer, Amity University, Manesar
38.	Shikha Sharma	Asst. Professor, Ramanujan College

#### **7. Number of percentage of Students placed**

160 (100%)

#### **8. Extension and Outreach Activities**

- On the occasion of International Day of Yoga, a month long Yoga Camp for the Community was organized in which residents of nearby areas participated in the Camp and learned/performed Yoga asanas every day.
- MP Sports Festival (West Delhi) was held on 14<sup>th</sup> to 20<sup>th</sup> April, 2023 in the premises of the Institute. Mr. Parvesh Sabil Singh, MP, West Delhi was present to grace the occasion.

#### **9. Library Development**

With the successful Implementation of the Digital Library, the users of IGIPSS have got access to full text documents in digital format, i.e. old question papers, M.P.Ed., B.P.Ed. and B.Sc. courses, all Ph.D. Thesis and all M.P.Ed. Dissertations awarded since 2013. Presently IGIPSS Library Database "Vidya: Library Management Software" is maintained online through XAMPP Server.

The total library collection (12962 (9240 Accession Books, RR-2329 Reading Books, 795 Thesis and D598 Department Books) has been computerized and bar-coded into a database which can be searched through the Online Public Access Catalog (OPAC).

#### **10. Faculty Strength**

Permanent – 24 (including Officiating Principal)

#### **11. Financial Allocation and Utilization**

- (a) Grant sanctioned : Rs 20 Crores/-  
 (b) Utilized (Tentative) : Rs.19.97 Crores /- (Unaudited)

#### **12. Students Achievements**



<b>GAME</b>	<b>LEVEL</b>	<b>NO. OF STUDENTS</b>	<b>NAMES</b>	<b>POSITION</b>
<b>LIGHTWEIGHT WOMEN DOUBLE SCULL (LW2X) (PROF. PARDEEP KUMAR)</b>	19 <sup>th</sup> Asian Games Hangzhou, China	<b>01</b>	<b>KIRAN</b>	Represented India (International)
<b>Women Double Scull (W2X)</b>	39 <sup>TH</sup> SENIOR NATIONAL ROWING CHAMPIONSHIP	<b>01</b>	<b>KIRAN</b>	Gold
<b>Women Double Scull (W2X)</b>	36 <sup>TH</sup> NATIONAL GAMES	<b>01</b>	<b>KIRAN</b>	Silver
<b>Lightweight Women Double Scull (LW2X)</b>	40 <sup>TH</sup> SENIOR NATIONAL ROWING CHAMPIONSHIP	<b>01</b>	<b>KIRAN</b>	Silver
<b>HANDBALL (PROF. ANIL KR. VANAİK) (MR. SHUBHANG NEGI)</b>	Inter-College (MEN)	<b>16</b>	<b>HARSH KUMAR SURYA PRATAP YADAV KUNAL MD SADIQ YOGESH KUMAR AMAN PUNIA UMESH SINGH UMANG RANA RAHUL KUMAR ARVIND KUMAR SATYAM BABLOO YEADAV SHAGUN DABAS KRISH KHAPRA ABHISHEK YADAV SEHDEV</b>	1 <sup>st</sup>
<b>BASEBALL (PROF. GAURI CHAKRABORTY)</b>	All India Inter-University	<b>02</b>	<b>ANKITA KUMAR JATIN BHALOTHIA</b>	3 <sup>rd</sup>
<b>PROF. DHANANJOY SHAW JUDO (MS. RABIA HUSAIN)</b>	Delhi University Inter-College Championship	<b>05</b>	<b>AMISHA TOKAS (1<sup>st</sup>) KHUSHI (3<sup>rd</sup>) HEMANT SOLANKI (3<sup>rd</sup>) GUNJAN (3<sup>rd</sup>) RONAK PAREVA (3<sup>rd</sup>)</b>	1 <sup>st</sup> and 3 <sup>rd</sup>
<b>KABADDI (W) TOURNAMENT (DR. DHARMANDER KUMAR) (MR. SAHIL DAHIYA)</b>	Inter-College Kabaddi Women Tournament	<b>12</b>	<b>SHRUTI RAUTELA POOJA KHUSHI SHASWATY ROY CHANDNI KRISHNA ANJALI NEHA KUMARI KAJAL SHAMA ALI RITIKA POOJA LAXMI</b>	2 <sup>nd</sup>

<b>KABADDI (M) TOURNAMENT (DR. DHARMANDER KUMAR) (MR. SAHIL DAHIYA)</b>	Inter-College Kabaddi Men Tournament	<b>12</b>	<b>ANIKET ABHILASH THAKUR SIDDHARTH RANA DEEPANSHU KAUSHIK VIJAY KUMAR MANDAL NISHANT NITIN TANWAR RAGHAV RAJ RUPESH TANWAR ARJUN BIRENDER SINGH RANA VARUN KUMAR YADAV</b>	<b>1<sup>st</sup></b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY, PROF. LALIT SHARMA, MR. ABHISHEK TRIPATHI)</b>	State Gymnastic Championship	<b>02</b>	<b>ANOOP</b> (1 Gold, 1 Silver, 1 Bronze) <b>JITENDER</b> (2 Silver and 3 Bronze).	<b>1 Gold. 3 Silver, 4 Bronze</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	All India Inter University Gymnastics Championship 2023-24	<b>05</b>	<b>(Artistic Gymnastics) ANOOP SONI-B.Sc. Sem. VI JITENDER-B.Sc. Sem. VI KARAN-B.Sc. Sem. II KRISHNA-B.Sc. Sem. VI (Rhythmic Gymnastics) SIMRAN-B.Sc. Sem. VI</b>	<b>Participants</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	Senior National Acrobatic Gymnastics Championship	<b>02</b>	<b>SOURAV BHANU</b>	<b>4<sup>th</sup></b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	VIBGYOR VIVA Inter-School Gymnastics Championship 2023	<b>03</b>	<b>SOURAV JITENDER ABHISHEK</b>	<b>NA</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	DELHI STATE Gymnastics Championship	<b>02</b>	<b>SOURAV AARTI RANA</b>	<b>NA</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	Sub Junior National Championship Trials	<b>01</b>	<b>SOURAV</b>	<b>NA</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	1 <sup>st</sup> GENESIS GLOBAL SCHOOL Invitational Inter- school Artistic Gymnastics championship 2024-25	<b>01</b>	<b>SOURAV</b>	<b>NA</b>
<b>GYMNASTICS (PROF. SAMIRAN CHAKRABORTY)</b>	The Aahwan Inter School Gymnastics	<b>02</b>	<b>SOURAV JITENDER</b>	<b>NA</b>

	Competition			
<b>MEN'S HOCKEY (PROF. SARITA TYAGI) MS. NEHA KUMARI</b>	Padmashree Shyamlal Hockey Tournament	<b>18</b>	<b>CHIRANJEEVI GURMUKH BHUPENDER SHESHNATH SAHIL RAM KUMAR CHANDRA SHEKHAR FARMAN RAVI KUMAR PRATEEK RITIK SHUBHAM SAKSHAT DEEPAK VIKAS PRAVEEN PARAS AKSHAY</b>	Semi-Final
<b>MEN'S HOCKEY (PROF. SARITA TYAGI)</b>	Inter- College Hockey Championship	<b>18</b>	<b>CHIRANJEEVI GURMUKH BHUPENDER (Univ. Rep.) SHESHNATH (Univ. Rep.) SAHIL RAM KUMAR (Univ. Rep.) CHANDRA SHEKHAR FARMAN (Univ. Rep.) RAVI KUMAR PRATEEK (Univ. Rep.) RITIK SHUBHAM SAKSHAT DEEPAK VIKAS PRAVEEN PARAS AKSHAY</b>	1 <sup>st</sup>
<b>MEN'S HOCKEY (PROF. SARITA TYAGI) MS. NEHA KUMARI</b>	SPORTECH'24 IIT Delhi	<b>15</b>	<b>CHIRANJEEVI GURMUKH BHUPENDER SHESHNATH SAHIL RAM KUMAR CHANDRA SHEKHAR FARMAN RAVI KUMAR PRATEEK RITIK SHUBHAM SAKSHAT DEEPAK</b>	Winner

			VIKAS	
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	3 <sup>rd</sup> Senior National Yogasana Sports Championship 2022-2023	01	<b>BHARAT PAL</b>	NA
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	4 <sup>th</sup> Senior National Yogasana Sports Championship 2023-2024	01	<b>GAUTAM ROHATGI (ARTISTIC GROUP)</b>	NA
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	Spardhaa – The Sports Fest	01	<b>JAGRITI UPADHYAY (NON-RHYTHMIC YOGA)</b>	2 <sup>nd</sup>
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	Spardhaa – The Sports Fest	01	<b>BHAWNA (NON-RHYTHMIC YOGA)</b>	2 <sup>nd</sup>
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	4 <sup>th</sup> State Level Yogasana Sports Championship 2023	01	<b>GAUTAM (RHYTHMIC PAIR)</b>	1 <sup>st</sup>
<b>YOGA (PROF. TARAK NATH PARMANIK)</b>	4 <sup>th</sup> State Level Yogasana Sports Championship 2023	01	<b>GAUTAM (ARTISTIC SINGLE)</b>	1 <sup>st</sup>
<b>FENCING (MR. ALOK SHARMA)</b>	* ALL INDIA UNIVERSITY GAMES	01	<b>PRIYA GOSWAMI - Bsc VIth Sem</b>	Participation
<b>FENCING (MR. ALOK SHARMA)</b>	* SENIOR NATIONAL	01	<b>PRIYA GOSWAMI - Bsc VIth Sem</b>	Participation
<b>FENCING (MR. ALOK SHARMA)</b>	* KHELO INDIA UNIVERSITY GAMES	01	<b>PRIYA GOSWAMI - Bsc VIth Sem</b>	Participation
<b>FENCING (MR. ALOK SHARMA)</b>	* NORTH EAST ZONE UNIVERSITY	01	<b>PRIYA GOSWAMI - Bsc VIth Sem</b>	Participation
<b>FENCING (MR. ALOK SHARMA)</b>	DELHI STATE CHAMPIONSHIP	01	<b>PRIYA GOSWAMI - Bsc VIth Sem</b>	3 <sup>rd</sup>
<b>ATHLETICS (MR. ALOK SHARMA)</b>	* SENIOR NATIONAL * NORTH EAST ZONE UNIVERSITY GAMES * ALL INDIA UNIVERSITY GAMES	01	<b>RAHUL RANA – B.P.Ed 2nd sem</b>	NA
<b>ATHLETICS (MR. ALOK SHARMA)</b>	Inter-College 2023	01	<b>HARSHLEEN KAUR (4*400M) RELAY</b>	2 <sup>nd</sup>
<b>SHOOTING (MR. ALOK)</b>	66 <sup>th</sup> National Shooting	01	<b>HARSHLEEN KAUR</b>	2 <sup>nd</sup>

<b>SHARMA)</b>	Championship Junior Team 50m			
<b>SHOOTING (MR. ALOK SHARMA)</b>	Inter College Shooting Championship 2023	<b>01</b>	<b>HARSHLEEN KAUR</b>	2 <sup>nd</sup>
<b>SHOOTING (MR. ALOK SHARMA)</b>	All India University Games 2023	<b>01</b>	<b>HARSHLEEN KAUR</b>	Participation
<b>SHOOTING (MR. ALOK SHARMA)</b>	Khelo India University Games 2023	<b>01</b>	<b>HARSHLEEN KAUR</b>	Participation
<b>ATHELTICS AND BADMINTON (PROF. PARDEEP KUMAR)</b>	Khelo India Para Games 2023	<b>06</b>	<b>AKASH KUMAR, ATHLETIC AAKASH SHARMA, ATHLETIC MOHD.RAIHAN ATHLETIC, SHASHWAT SHARMA, BADMINTON ASHUTOSH DUBEY, BADMINTON DEEPAK, BADMINTON</b>	Officiating and volunteers
<b>WOMEN'S FOOTBALL (PROF. MAN SINGH)</b>	JANKI CUP 2024	<b>05</b>	<b>BHAWNA YADAV (B.P.ED 1ST YEAR) RITIKA REDHU (B.P.ED 1ST YEAR) LAKSHMI VERMA (B.P.ED 1 ST YEAR) ANJALI BALIYAN (B.SC. 3RD YEAR) NAMRATA KAUR (B.SC. 3RD YEAR).</b>	Winner
<b>WOMEN'S FOOTBALL (PROF. MAN SINGH)</b>	ALL INDIA FOOTBALL PARTICIPATION	<b>05</b>	<b>RITIKA REDHU (CAPTAIN) NAMRATA KAUR BHAWNA YADAV LAKSHMI VERMA NAMKIT LEPCHA</b>	NA
<b>FOOTBALL (DR. MAN SINGH)</b>	INTER COLLEGIATE FOOTBALL (WOMEN)	<b>18</b>	<b>NAMRATA KAUR BHAWNA YADAV RITIKA REDHU LAKSHMI VERMA ANJALI BELIYAN SHRUTI RAUTELA NIDHI ANJU NAMKIT LEPCHA BATHEMSAT DAGA GANGA VYAS ANJALI RATHYAL SHALINI SAHU PINKI HEMA NEGI SOMVATI SONAM MEENAKSHI</b>	3 <sup>rd</sup>

FOOTBALL (DR. MAN SINGH)	DELHI YOUTH CHAMPIONSHIP 2023-2024	19	VIPIN KHALKHO RUPESH MONDAL SANJAY SINGH ANKUR JORWAL HARSH MOHIT KUMAR TENZING CHAMPBELL ARIF KHAN ANIKET SATVIK MAAN PRAVEEN KR YADAV YOGESH KUMAR PRATIK PRAKASH YOGENDRA SAHU KAMAL SINGH DEVASHISH SOREN GAURAV CHANDRA RAVI KUMAR MD. ADIL SHAH	3 <sup>rd</sup>
VOLLEYBALL (Dr. ANSHUMAN SHUKLA)	INTER UNIVERSITY	02	HIMANSHI (B.SC. 3 <sup>RD</sup> YEAR RITU (B.SC. 1 <sup>ST</sup> YEAR)	Participation
HOCKEY PROF.(MRS.) SARITA TYAGI	HOCKEY INTER-UNIVERSITY	03	NEHA RANI (B.SC. III <sup>rd</sup> Year) ANJALI (B.P.Ed. II <sup>nd</sup> Year) SANJANA (M.P.Ed. II <sup>nd</sup> Year)	Participation
KHO-KHO PROF.(MRS.) GAURI CHAKRABORTY	SENIOR NATIONAL	01	NANDITA PREMI (B.P.Ed.)	3 <sup>rd</sup>
HOCKEY WOMEN (PROF. SARITA TYAGI)	10 <sup>th</sup> PADAMSHREE SHYAM LAL MEMORIAL INVITATIONAL HOCKEY TOURNAMENT	18	SANJANA (M.P.ED. II Year) KANCHAN PARIHAR (M.P.ED Ist Year) KOMAL (M.P.ED Ist Year) MEENAKSHI (M.P.ED II <sup>nd</sup> Year) ANJALI (B.P. Ed. II Year) HEMA NEGI (B.P. Ed. I Year) SOMVATI (B.P. Ed. I Year) PINKI (B.P. Ed. I Year) NEHA RANI (B.SC. III Year) SHALINI SAHU (B.SC. III YEAR) NAMRATA KAUR (B.SC. III Year) RUKSAR (B.SC. II Year)	1 <sup>st</sup>
HOCKEY WOMEN (PROF. NEHA SHARMA)	JANKI CUP 2024	08	SANJANA (M.P.ED. II Year) KANCHAN PARIHAR (M.P.ED Ist Year) ANJALI (B.P. Ed. II Year) HEMA NEGI (B.P. Ed. I Year) SOMVATI (B.P. Ed. I Year) PINKI (B.P. Ed. I Year) NEHA RANI (B.SC. III Year)	1 <sup>st</sup>

			SHALINI SAHU (B.SC. III YEAR)	
NCC (DR. MEENAKSHI)	NCC TSC	04	SUO LOKESH KADYAN JUO GAUTAM ROHATGI CPC ANUJ LCPL AYUSH KUMAR	NA
	NATIONAL "C" CADET CORPS	15 APPEARED	SUO AWKASH, LOKESH JUO SAHIL, GAUTAM DEVASHISH COLT – CHETAN, RITIK KUMAR SHARMA, YOGESH, RAHUL, PRATHAM, UTKARSH, AJAY, ROHAM, SUJAL BAISLA, RISHABH	NA
	P M RALLY	11	3 <sup>RD</sup> YEAR – SUO AWKASH, JUO SAHIL, SUJAL, CHETAN 2 <sup>ND</sup> YEAR – SGT. PANKAJ, LCPL AYUSH, ISHU, SARTHAK, AAYUSH 1 <sup>ST</sup> YEAR – NIKHIL, MAURYA	NA
	ADG APPRECIATION	04	SUO LOKESH JUO GAUTAM LCPL AYUSH CDT. SARTHAK	NA
	ARMY ATTACHMENT CAMP	09	3 <sup>RD</sup> YEAR – SUJAL RISHABH TANMAY 2 <sup>ND</sup> YEAR – NITIN ISHU RITISH DEVANSH DILENDRA 1 <sup>ST</sup> YEAR- NIKUNJ	NA
TOTAL NO. OF STUDENTS		247		

**13. Academic Awards for the position holders during the Session 2023-24:**

**B.Sc. (PE, HE&S) Final Year**

S.No.	NAME	EXAM ROLL No	CGPA & %AGE	POSITION
1.	RIYA KAUSHIK	20028589085	9.227 & 87.65%	I
2.	MANSI SINGH	20028589055	8.879 & 84.35%	II
3.	NIDHI	20028589062	8.742 & 83.04%	III

**M.P. Ed. Final Year**

<b>S.No.</b>	<b>NAME</b>	<b>EXAM ROLL No</b>	<b>MARKS &amp; %AGE</b>	<b>POSITION</b>
1.	KAPIL	21028887018	1530 & 90%	I
2.	VARTIKA KAUSHIK	21028887050	1466 & 86.23%	II
3.	NIKITA	21028887024	1422 & 83.64%	III

**B.P. Ed. Final Year**

<b>S.No.</b>	<b>NAME</b>	<b>EXAM ROLL No</b>	<b>MARKS &amp; %AGE</b>	<b>POSITION</b>
1.	DEV HOLDAR	21028595014	8.478 & 80.54%	I
2.	MUNESH KUMAR	21028595035	8.053 & 76.50%	II
3.	ASHU RANA	21028595005	7.963 & 75.64%	III

**PROF. SANJEEV KR. KAUSHAL**  
ANNUAL REPORT COORDINATOR

**PROF. SANDEEP TIWARI**  
PRINCIPAL (OFFG.)