

INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION & SPORTS SCIENCES (DELHI UNIVERSITY)

CLASS :- B.SC. SEMESTER - VI (DEC. 2022)

W.C. 20.01.23

DAY	SEC	9.00-9.55	9.55-10.50	10.55-11.50	11.50-12.45	12.45-1.20	1.20 - 2.15	2.15-3.10	3.10-4.05	4.05-5.00
MON	A		SEC - 4 NM-OLY.edu MW- SPT.exs.nut NK-	DSE/6 GYM OP. (EBS) SPORTS JOURN. (SKK) FITNESS & EX. MANG. (SDT)/PROJECT			DSE - 5 THEORY PK/AKS/RS/AKV/T NP/LS/EBS/DK/DS/ STY/SS/MS/M	DSE - 4 SJ/SB/JG/ANS/AS/ AKASH/NM/RH/S N/GC	DSE - 4 SPORTS PROFICIENCY PRACTICAL SJ/SB/JG/ANS/AS/AKASH/NM/RH/SN /GC	
	B		SJ-stress mgt TY- wel&life SB- per.dev AS-							
	C		posture&ath							
TUE	A	SEC - 4 (TH) AS-POST & Ath MW-SPT& EXS.NUT NK-	DSE - 5 THEORY PK/AKS/RS/AKV/TNP/LS/E BS/DK/DS/STY/SS/MS/M	DSE/6 GYM OP. (EBS) SPORTS JOURN. (SKK) FITNESS & EX. MANG. (SDT)/PROJECT				THEORY DSE - 4 SJ/SB/JG/ANS/AS/ AKASH/NM/RH/S N/GC	DSE - 5 GOS PRACTICAL PK/AKS/RS/AKV/TNP/LS/EBS/DK/DS/ STY/SS/MS/M	
	B	WT.MGT TY-WELLife NM -OLY.ed SJ-Stress mgt SB-PER.Dev								
	C									
WED	A	DSE/6 GYM OP. (EBS) SPORTS JOURN. (SKK) FITNESS & EX. MANG. (SDT)/PROJECT	SEC - 4 POST & Ath WT.MGT WELLife OLY.ed mgt	AS- NK - TY- NM - SJ-Stress SB-PER.Dev		SEC. 4 SP. & EX. NUT. MW		DSE - 4 THEORY SJ/SB/JG/ANS/MS/A KASH/NM/RH/SN/G C	DSE - 4 PRACTICAL SJ/SB/JG/ANS/MS/AKASH/NM/RH/SN/GC	
	B									
	C									
THUR	A	DSE - 6 THEORY/ PROJECT GYM OP. (EBS) SPORTS JOURN. (SKK) FITNESS & EX. MANG. (SDT)		SEC - 4 POST & Ath MW-SPT& EXS.NUT NK - WT.MGT TY- WELLife NM OLY.ed SJ- Stress mgt SB- PER.Dev				DSE - 4 THEORY SJ/SB/JG/ANS/MS /AKASH/NM/RH/S N/GC	DSE - 5 PRACTICAL PK/AKS/RS/AKV/TNP/LS/EBS/DK/RH/ STY/SS/MS/M	
	B									
	C									
FRI	A	DSE - 6 PROJECT PROJECT GYM OP. (EBS) SPORTS JOURN. (SKK) FITNESS & EX. MANG. (SDT)/PROJECT								
	B									
	C									

