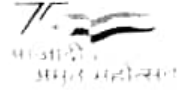




**INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION &
SPORTS SCIENCES**

(University of Delhi)
B-Block, VIKASPURI, New Delhi-110 018.



Dated: 12.04.2023

Ref. No.IPE/2022/ 19179

It is to inform you that the IQAC is organizing a Workshop/Lecture on **Performance and Recovery in Sports via Nutrition Science** on **13th April, 2023 (Thursday) from 12:00 noon onwards** in the Gymnastics Hall of the Institute.

All the members of Teaching Staff and students are requested to make it convenient to attend the above said Programme.

All the concerned may please note the same.

Sd/-
(Prof. Sandeep Tiwari)
Principal (Offg.)

Copy to:

1. Circulation among Teaching Staff
2. Student Notice Board
3. S. O. (Admn.)
4. Sr. P.A to Principal (Offg.)
5. Computer Lab (uploading the same on the Institute's website)
6. Office File

(Prof. Sandeep Tiwari)
Principal (Offg.)