

**Indira Gandhi Institute of Physical Education  
and Sports Sciences (University of Delhi)**


संदर्भ क्रमांक आईपीई/२०२४/१९११५९७

**CLASSROOM TEACHING LESSON PLAN SCHEDULE /  
PROGRAMME**

**SESSION 2023-2024**

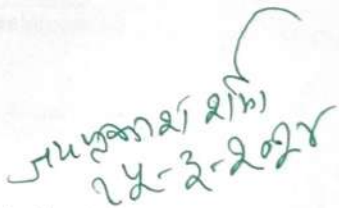
**B. P. Ed. Sem.- II Internal Classroom Teaching Lesson Plan Programme in Indira Gandhi  
Institute of Physical Education and Sports Sciences, B-Block Vikaspuri. Internal Classroom  
Teaching Lesson Plan scheduled from 18/03/2024 to 22/03/2024. Students are divided into six  
groups Classroom allotted room No 27, 28, 29, 30, 31 and 32.**

**Classroom teaching schedule attached with the letter.**

  
**Officiating Principal**  
Prof. J.P. Sharma  
IGIPSS

**Copy to-**

- 1 Principal Office**
- 2 Admn. Officer**
- 3 Account Office**
- 4 Teacher Circulation**
- 5 Computer Lab**
- 6 Care Taker**
- 7 Students Notice Board**

  
**Officiating Principal**  
Prof. J.P. Sharma  
IGIPSS

**Teacher's Duty Chart for Internal Classroom Teaching Practice Lesson Plan:**  
Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**(Date: 18-03-2024 (Monday))**

**SUB: Lesson Plan on (Yoga Education)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. Alok Sharma	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Ms. Rabiya Husain	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Ms. Neha kumari	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Tapesht Yadav	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Mr. Shubhang Negi	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Sahil Dahiya	

Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**Date: 19-03-2024 (Tuesday)**

**SUB: Lesson Plan on (Educational Technology & Methods of Teaching in Phy. Edu.)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. Anshuman Shukla	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Dr. Santosh k Giri	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Dr. shilpi Jain	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Neeraj mehra	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Dr. Alok Sharma	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Ms. Rabiya Husain	

T.R. Narayan  
15/03/24

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Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) to 5:00 PM

**Date: 20-03-2024 (Wednesday)**

**SUB: Lesson Plan on (Organization & Administration in Phy. Edu.)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Ms. Neha kumari	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Mr. Tapesh Yadav	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Mr. Shubhang Negi	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Mr. Sahil Dahiya	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Dr. Anshuman Shukla	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Dr. Santosh k Giri	

Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) - to 5:00 PM

**Date: 21-03-2024 (Thursday)**

**SUB: Lesson Plan on (Sports Nutrition & Weight Management)**

S.no	Group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No-27	1 to 11	1:20 pm to 5 pm	Dr. shilpi Jain	
2	Group-2 Room No-28	12 to 22	1:20 pm to 5 pm	Mr. Neeraj mehra	
3	Group-3 Room No-29	23 to 33	1:20 pm to 5 pm	Dr. Alok Sharma	
4	Group-4 Room No-30	34 to 44	1:20 pm to 5 pm	Ms. Rabiya Husain	
5	Group-5 Room No-31	45 to 55	1:20 pm to 5 pm	Ms. Neha kumari	
6	Group-6 Room No-32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Tapesh Yadav	

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15/03/24

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Reporting time: 1:00 pm (for students)

Reporting time: 1:20 pm (for teachers) - 1.50 PM

**Date: 22-03-2024 (Friday)**

**SUB: Lesson Plan on (Track & Field)**

S.no	group	Roll no	Timing	Teacher name	Teacher sign
1	Group -1 Room No- 27	1 to 11	1:20 pm to 5 pm	Mr. Shubhang Negi	
2	Group-2 Room No- 28	12 to 22	1:20 pm to 5 pm	Mr. Sahil Dahiya	
3	Group-3 Room No- 29	23 to 33	1:20 pm to 5 pm	Dr. Anshuman Shukla	
4	Group-4 Room No- 30	34 to 44	1:20 pm to 5 pm	Dr. Santosh k Giri	
5	Group-5 Room No- 31	45 to 55	1:20 pm to 5 pm	Dr. shilpi Jain	
6	Group-6 Room No- 32	56 to 66,65/22	1:20 pm to 5 pm	Mr. Neeraj mehra	

*T.R. Narayan*  
*15/03/24*

**Co-Convener**  
Dr. Tribhuvan Ram Narayan  
Assistant Professor  
IGIPSS

*Man Singh*

**Convener**  
Dr. Man Singh  
Associate. Professor  
IGIPSS

*Man Singh*  
*22-3-2024*

**Officiating Principal**  
Prof. J.P. Sharma  
IGIPSS