

Grassroots level Gymnastics Championship 2023-2024

To be held on 24th and 25th August 2023

Gymnastics Hall

Indira Gandhi Institute of Physical Education and Sports Sciences

(University of Delhi)

Organised by

IGIPSS School of Gymnastics

Email: schoolofgymnastics@igipess.du.ac.in

Mobile No.: 7011258008,8860998126

To,

The Principal/Director/HOD

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Subject: Grassroots Level Gymnastics Championship 2023-2024

Respected Ma'am/Sir

IGIPSS School of Gymnastics will be organising a **Grassroots Level Gymnastics Championship 2023-2024** on the 24th and 25th August 2023 from Level-I to Level-VI (Boys/Girls), in Gymnastics Hall of IGIPSS. (University of Delhi), B-Block, Vikaspuri, New Delhi-110018. For the first time, the School of Gymnastics is experimenting with a **Level Wise Curriculum Based Competition** in Delhi.

The Aim of this open championship is to promote sporting culture among youngsters and to provide an opportunity for children practicing in different schools, sports academies, and institutions to showcase skills progression in their respected practice centre.

You are, therefore, requested to send entry of your Gymnastics Team(s) including coaches & Manager names along with entry fee of Rs 2000/= (Two Thousand only) for each team, and Rs 500/= for individual gymnast in each level. You can send more than one team in each level with a separate entry fee. All payments will be made through online and fee slip shall be sent on the email id mentioned above. I am looking forward to your active participation and cooperation in making this championship a grand success.

For more detail, pls visit the institute website: www.igipess.du.ac.in

If you need any human assistance pls talk to Event Dy Director Mr. Ankit Kumar on his cell no 7011258008,8860998126

Thanking You

With warm regards

Sincerely yours,

Directors

IGIPSS School of Gymnastics

Categorisation of Level Wise Apparatus

Boys:

Category	Apparatus 1	Apparatus 2	Apparatus 3	Apparatus 4
Level I	Floor Exercise	Soft Board	Parallel bars	Pommel horse
Level II	Floor Exercise	Soft Board	Parallel bars	Pommel horse
Level III	Floor Exercise	Buck Horse	Parallel bars	Pommel horse
Level IV	Floor Exercise	Table Vault	Parallel bars	Pommel Horse
Level V	Floor Exercise	Table Vault	Parallel bars	Pommel Horse
Level VI	Floor Exercise	Table Vault	Parallel bars	Pommel Horse

Girls:

Category	Apparatus 1	Apparatus 2	Apparatus 3
Level I	Floor Exercise	Soft Board	Balancing Beam
Level II	Floor Exercise	Soft Board	Balancing Beam
Level III	Floor Exercise	Buck Horse	Balancing Beam
Level IV	Floor Exercise	Table Vault	Balancing Beam
Level V	Floor Exercise	Table Vault	Balancing Beam
Level VI	Floor Exercise	Table Vault	Balancing Beam

How to select Gymnast according to Level & Age:

- A. In case of Level- I: The training age shall be preferably less than 6 months, relaxed up to 7 months (expected age is predicated 5 to 7 years)
- B. In case of Level- II: The training age shall be preferably less than 8 months, relaxed up to 12 months (expected age is predicated 8 years)
- C. In case of Level- III: The training age shall be preferably less than 13 months, relaxed up to 18 months (expected age is predicated 8 to 10 years)
- D. In case of Level- IV: The training age shall be preferably less than 18 months, relaxed up to 24 months (expected age is predicated 10 to 12 years)
- E. In case of Level- V: The training age shall be preferably less than 24 months, relaxed up to 30 months (expected age is predicated 12 to 14 year)
- F. In case of Level- VI: The training age shall be preferably less than 30 months, relaxed up to 36 months (expected age is predicated above 14 years)

General Instructions:

- The School/ Institution will be responsible for the transportation of the team to and from the venue. It is advice that the team should be accompanied by their respective teacher and coaches whose name is mentioned in the entry form.
- The team in-charge will be responsible to make the team present at the time of competition.
- Strict discipline is to be observed on and off the gymnasium.
- All the teams are required to be in their proper dress for the opening and closing ceremony.
- In case any gymnast is found to be over age or s/he misrepresent the age, s/he will be disqualified from the competition and fee submitted will be forfeited.
- Each element will be recognised only once in a routine.
- A gymnast must perform according to **Modify COP produced, published & distributed by the IGIPSS School of Gymnastics.**
- COP for boys & girls will be uploaded in the institute website shortly. Individual copy will be sent through WhatsApp group & also through designated email id.
- The IGIPSS School of Gymnastics COP will be followed in this competition for Level I to Level VI boys and girls respectively.
- Email address of the institutions is mandatory for communication.
- Incomplete form will be rejected.

Specific Instructions:

- Level qualifying certificate will be awarded to a gymnast who secure minimum 70% marks in all four apparatus for boys and three apparatus for girls on the case may be.
- Best three teams in respective level shall be awarded best team award.
- Three all around best Gymnast will be given best gymnast medal. Best Gymnast will be calculated by adding the marks on all apparatus as the case may be.
- On each apparatus best five rank holders (All Gold Medal) will be awarded based on the performance as individual apparatus.

You are requested to ensure that all the participants are physically fit to undertake the competition load.

NOTE: Local Organizing Committee (LOC), IGIPESS School of Gymnastics and or IGIPESS will not be held responsible directly or indirectly for any loss of Life/ damage/illness/Injury in competition to participation in Grassroots Level Artistic Gymnastics Championship 2023-2024. All Gymnasts/Officials/vendors & Stakeholders have to Participate on their own risk. You are requested to bring it to the notice of your Gymnasts and other concern. Your cooperation in this regard is solicited.

For further information, the head of Institution, Physical Education Teacher and or the Coach, please contact to the coordinator of the competition **Mr. Ankit Kumar through his cell no 7011258008,8860998126** or email your queries etc. to schoolofgymnastics@igipess.du.ac.in

Age: - The certificate of age will be signed by the head of the Institution. No team will be allowed to participate without proper age certificate duly completed forms enclosed herewith.

Entry: Rs: - 500/- per gymnast

Rs: -2000/- Per Team

A gymnastics team constitute of **5 Gymnasts.**

Payment:

Payment can be made by online in favour of I.G.I.P.E.S.S. School of Gymnastics.

Account Details:

- a) Principal, IGIPESS
- b) Bank Name – Bank of Baroda
- c) A/C No. – 76660100016743
- d) IFSC Code – BARBOVJKRPA (fifth digit should be considered as Zero)
- e) Branch Name – Krishna Park Branch, Delhi – 110018

Or use the QR Code given below to make the payment.

Last date of submitting entry form is: 15 /08/2023

The entry form along with fee shall be submitted latest by 17/08/ 2023 and details of the same shall be sent as attachment in the email id mentioned above.

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Protest – Protest, if any be lodged with the Judges of the competition with a fee of Rs. 1000/- (non-Refundable) with in a half an hour of the declaration of the results.

- Medal ceremony will be conducted after competition of each level.
- Participants securing 70% or more marks/points will receive a Level completion certificate and shall be eligible to participate in next higher-level competition in future.
- Certificate will be issued during the course of the competition and records of the same shall be maintained in our data base for reference.
- Merit certificate and Qualifying certificate will be provided at the time of medal ceremony.
- Each participant & accompanying coach(s) / physical education teacher (s) will get refreshment.

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ENTRY FORM

Name of the Institution/School/Academy/ Club _____

Mobile No. _____ Email _____

Boy/Girl _____ Level _____ Year _____ Artistic Gymnastics.

S no.	Name of Gymnast	Aadhar No.	Father's Name	D.O.B.
1.				
2.				
3.				
4.				
5.				

Name of Coach _____

Mobile No. _____ Email _____

NOTE: Documents Required

- Aadhar Card
- School ID
- DOB certificate

Signature

Head of the dept./ institution/Owner/ with Seal