



दिल्ली विश्वविद्यालय खेल परिषद  
Delhi University Sports Council  
दिल्ली विश्वविद्यालय University of Delhi

Ref: DUSC/IC /2023-24/

Dated: 09.11.2023

**Delhi University Inter College Weight Lifting (Men & Women) Championship 2023-24**

Date of Championship	:	30 <sup>th</sup> November 2023 & 01 <sup>st</sup> December, 2023
Venue of Championship	:	Ramanujan College, University of Delhi
Schedule of Competition	:	(Thursday) 30 <sup>th</sup> November, 2023 (Women) (Friday) 01 <sup>st</sup> December, 2023 (Men)
Reporting Time of Competition	:	09.00 am onwards
Weight Categories	:	
Men	:	55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg.
Women	:	45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

**Important Instruction**

**Eligibility** Performa duly signed by the Competent Authority.

**Students** must bring their College Identity Card failing which they will not be allowed to participate in the competition.

**Team Manager** must be present at the time of Weigh-in and competition.

**Delhi University** team will be selected on the basis of performance during competition by the Selection Committee constituted as per the constitution of DUSC.

Delhi University Weight Lifting (M&W) Team will be selected by the Selection Committee for the North East Zone Inter University Weight Lifting (M&W) Championship 2023-24 on the basis of performance of the VI<sup>th</sup> place of the All India Inter University Weight Lifting (M&W) Championship 2022-23 held at Chandigarh University, Mohali (PB) for Men and University of Calicut for Women.

**Tournament/Selection Committee**

Chairman, DUSC

Director, DUSC

Dr. Shikha Sharma (9899161691) Convenor

Dr. Sunita Arora

Dr. Shipra Verma

Dr. Pradmod Kumar Sethi

Dr. Rekha Kumari

Dr. Rajender Lal

Expert to be nominated by the Chairman, DUSC

Ramanujan College

Lakshmi Bai College

Maitreyi College

PGDAV (E)

Dayal Singh College (E)

Deshbandhu College

Dr. Anil Kumar Kalkal

Director, Physical Education & Sports