

***FITNESS TRAINER COURSE (FITCO)***  
***Aerobics/Group Trainer***  
***May 30, 2016 – June 22, 2016***

Conducted By  
Indira Gandhi Institute of Physical Education & Sports Sciences  
Department of Physical Education & Sports Sciences  
University of Delhi

**FEATURES :**

Well qualified experts with many years of experience  
Training matching with international standards  
International level gym facilities & fitness equipment for training  
Emphasis on practical training based on theoretical principles  
Printed Resource material

**Eligibility :**

10+2/Graduate

**Registration:**

Limited Seats available  
Admission Strictly on First Come First Serve Basis.  
Download Registration form from the institute website- [www.igipess.du.ac.in](http://www.igipess.du.ac.in).  
The Duly filled form can be submitted to Dr. Sarita Tyagi, Associate Professor, IGIPESS,  
B-Block, Vikaspuri, New Delhi.

**Registration Fee\***

IGIPESS student (Presently Enrolled)	: Rs.15000/
IGIPESS student SC/ST (Presently Enrolled)**	: Rs.10000/
Outsider	: Rs. 20000/

**\*Non-Refundable**

**\*\* Students will have to submit certificate for verifying their category**

**Venue :**

Indira Gandhi Institute Of Physical Education & Sports Sciences, B-Block, Vikas Puri,  
New Delhi-110018

**Contact Person :**

Dr. Sarita Tyagi, E-Mail-sarita.igipess@gmail.com,M.No.-9911323312

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***Aerobics/Group Trainer***  
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**REGISTRATION FORM**

NAME -----

FATHER' NAME -----

EDUCATIONAL QUALIFICATION-----

DATE OF BIRTH -----

CATEGORY (TICK) : **STUDENT OF IGIPESS**                      **GEN / SC /ST**

**OUTSIDER (STATUS)**

RESIDENTIAL ADDRESS-----

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CONTACT NO.-----E-mail -----

PREGISTRATION FEE : -----

REGISTRATION NO. : -----

**SIGNATURE OF THE APPLICANT :** -----

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**For Office Use Only**

**Regd.No: \_\_.**

Received Rs.-----by cash/cheque in favour of "Principal –  
IGIPESS"from Mr./Ms. \_\_\_\_\_

\_ on account of Fitness Trainer Course (***May 30,2016 – June 22, 2016***)

**REGISTRATION OPEN**  
**FOR**  
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FOR DETAILS VISIT [www.igipess.du.ac.in](http://www.igipess.du.ac.in) OR Call Dr.Sarita Tyagi,9911323312